



INTERNATIONAL
CONFERENCE ON

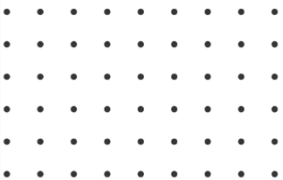
POSITIVE PSYCHOLOGY, WELL-BEING AND ENTREPRENEURSHIP

27th - 29th January 2023



TABLE OF CONTENTS

- **Welcome Message by Dr. Mrutyunjay Suar, CEO KIIT-TBI**
- **About International Conference**
- **About Odisha**
- **About Bhubaneswar**
- **About KIIT**
- **About KIIT TBI**
- **About KISS**
- **About Tel Hai**
- **About Avondale**
- **Brief note on Participants profile & Abstract**
- **Organizers**
- **Contact details**



CEO's

WELCOME MESSAGE



As the CEO of KIIT Technology Business Incubator, with great pleasure, I welcome you to this International Conference 2023 on “Positive Psychology, Mental Wellbeing and Entrepreneurship”. The Pandemic has brought to the forefront the importance and relevance of mental health and well-being in all walks of life to the forefront. The importance of a positive mindset is even more important in the entrepreneurial ecosystem, where the journey is exceptionally challenging and demanding.

The viral outbreak's uncertainties and concerns, as well as widespread lockdowns and the economic downturn, contribute to a rise in mental health disorders, mental issues which caused the occurrence of suicides and other problems. With time, studies have emerged that demonstrate how humans have evolved to cope with such circumstances by prioritizing peace of mind, mental health, and positive thinking.

A Positive mindset, focusing on the right thing and integrating spirituality into one's lives can have a calming effect, which can lead to better and more balanced decisions. This will go a long way in not just becoming better individuals but also becoming better leaders. Some of the greatest leaders of our times like Ratan Tata, and Narayan Murthy have acknowledged the need for peace of mind in the hustle and bustle of today's world.

I wish that the outcomes from the three days of the Interdisciplinary Conference is converted into a document that can be shared with everyone for knowledge extension.

A handwritten signature in black ink, consisting of stylized initials and a surname.

Dr Mrutyunjay Suar
CEO, KIIT-TBI

POSITIVE PSYCHOLOGY, WELL-BEING & ENTREPRENEURSHIP

About

Exploring the new dimensions of psychology, wellbeing and entrepreneurship, this 'futures driven' interdisciplinary and peer reviewed conference aims to work to explore and develop an holistic awareness of what is required for young people to succeed as leaders in their chosen fields of endeavor and employment. This aim will be achieved by bringing together researchers in a variety of fields related to the power of positive psychology, emotional intelligence and spiritual intelligence.

To promote the researchers in other fields related to the development and do promotion of overall well being and a 'futures driven' mind-frame in adolescents and young people , **KIIT Technology Business Incubator Bhubaneswar in association with Tel Hai College Israel and Avondale University Australia** have been collaboratively inviting the researchers to this 3 day peer review and conference meeting from 27th-29th January 2023.

The aim of this conference is to bring together researchers in a variety of fields related to the power of **Positive Psychology, Emotional Intelligence and its Relevance to Entrepreneurship** amongst other aspects. Researchers in fields related to the development and promotion of overall wellbeing are being encouraged to showcase their thought process and imbibe cross cultural learning from people across the globe. This conference aims to explore and develop an awareness among young people regarding the actual mantra to succeed as leaders in their respective fields of endeavor and employment.



Key Takeaways of the Conference:-

1. To provide researchers with an opportunity to present their research to colleagues in the field in a multicultural and collegial setting.
2. To provide researchers with opportunities for future international collaboration.
3. To produce a peer-reviewed book within six months of January 2023.
4. Publication of Selected papers in Scopus Indexed Journals.



About Odisha

In the vast country of India, Odisha is one such state that actually caters to every type of visitor. Offering a sedate blend of culture, natural scenic wonders and laden architectural marvels, Odisha is a pleasant retreat for any person! The stunning architectures, history, dialects, vibrant art music and dance forms make Odisha ever sprightly state of India. Odisha (formerly known as Orissa), the battleground for the famous Kalinga war fought by Ashoka the Great, lies on the country's east coast. Anciently known as Kalinga, The Great King Asoka is known to have invaded then Odisha who was the first ruler of Odisha. During the British colonization, Cuttack was the capital of Odisha which was later transferred to Bhubaneswar in 1948.

Odisha state museum is one of the world-famous museums for having a wide collection of manuscripts of which Abhinava Gita Govinda dates back to 1496 but the text can date back to 2nd century. Odisha is home to The Hirakud Dam - the longest earthen Dam built on river Mahanadi & Chilika - Asia's largest in the world. Chilika – Asia's largest brackish water lagoon with water spread ranging from 1165 sq km in the rainy season to 906 sq km in the dry season. Bhubaneswar, the capital of Odisha, is a marriage between heritage and modernity. On one hand Bhubaneswar has temples that are hundred centuries old and on the other it is a well planned smart city, and bears the distinction of being India's No 1 Smart City with plenty of potential for development projects.



About Bhubaneswar

CLIMATE, CULTURE, HERITAGE, HOSPITALITY & CUISINE

Bhubaneswar is in Khordha district of Odisha. It is in the eastern coastal plains, along the axis of the Eastern Ghats mountains. The city has an average altitude of 45 m (148 ft) above sea level. It lies southwest of the Mahanadi River that forms the northern boundary of Bhubaneswar metropolitan area, within its delta. The planned city was designed in 1948 to house the capital. The city is bounded by the Daya River to the south and the Kuakhai River to the east; the Chandaka Wildlife Sanctuary and Nandankanan Zoo lie in the western and northern parts of Bhubaneswar, respectively.

The old town or "Temple Town", the oldest part of the city, is characterised by many temples, including the Lingaraja, Nilakantha Siva, Rajarani and Muktesvara temples, standing alongside residential areas. Additional structures include the Somabaresvara Siva Temple and the Kartikesvara Siva Temple

The annual mean temperature is of Bhubaneswar is 27.4 °C (81.3 °F). Bhubaneswar is also famous for the world famous sweet "Rosogolla" and "chena podo" and variety of sea foods.

POLITICAL STABILITY & DEVELOPMENT IN BHUBANESWAR

Under nearly two decades of steady and stable leadership of the State's 14th Chief Minister, Naveen Patnaik, IT has charted an unrestricted space for growth and Development. The government untiringly strives to eradicate poverty, accelerate the pace of economic growth, reduce regional disparity and gender differences through various socio-economic measures and pro-people initiatives.

GETTING HERE AND BACK - INTERNATIONAL AIRPORT

Biju Patnaik International Airport is located in the Indian city of Bhubaneswar – the capital city of the state of Odisha, and barely a few kilometers from the city centre. Its is well connected with other major cities of India such as Mumbai, Delhi, Bengaluru ,Chennai, Hyderabad and Kolkata.

STAYING IN BHUBANESWAR

Bhubaneswar has over 40 Hotels available with 5 Star, 4 Star and 3 Star Rating with various facilities to have a luxurious stay.

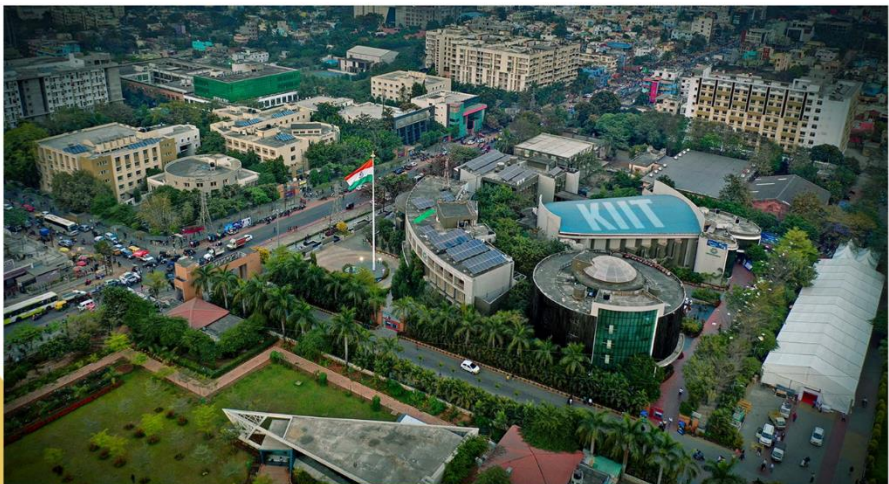


About KIIT, Bhubaneswar



Kalinga Institute of Industrial Technology, known by its acronym KIIT is one of the leading universities in India renowned for its quality of teaching and research. It was founded in 1992-93 in a rented house with 12 students and 2 teachers as an Industrial Training Institute Bhubaneswar. Despite starting at a time when private education in India was unpopular as the country was slowly moving towards globalization, Prof. Achyuta Samanta envisioned an educational institution that would focus on academic expertise and provide a wealth of opportunities for students to gain holistic knowledge - all this with barely any financial backing. It is solely due to the dedication, devotion and grit of the Founder and the contribution of the hardworking staff and well-wishers that KIIT Deemed-to-be University has become one of the premier educational hubs in India.

The foundation of KIIT was laid in 1993 as a Polytechnic Institute. However, by 1997, the engineering college was set up. It was conferred the Deemed to be University Status by the Ministry of Human Resources Development, Government of India, in 2004. The University has received many international and national accolades standing tall in the International rankings. It has achieved several milestones in a short span including ranking No. 1 by Atal Ranking of Institutions on Innovation Achievements (ARIIA 2021), India's first QS Stars Rated University - 2021, 21st in India by NiRF P2021, ranked 251-300 in the Times Higher Education (THE) emerging Economies University Rankings 2021, THE Awards Asia 2021 Leadership and Management Team of the Year' and 201-300 in Times Higher Education Impact Rankings 2022, so on and so forth. It has been accredited Grade A by NAAC. It has carved a niche for itself on the global academic map by having MoUs with more than 190 universities from across the globe.



More than 60,000 alumni of KIIT are placed in respectable positions in the corporate world, enterprise, start-ups, academics, civil services, sports, politics and such. Recently, KIIT has been ranked 8th globally for its work on SDG 10 (Reducing Inequalities) by Times Higher Education Impact Rankings 2022. KIIT Deemed to-be University has grown to be one of the most prominent universities in India and the World over for professional education, offering 200 plus academic programmes in diverse fields of education with 30,000 students from all over India and 65 countries across the globe. KIIT's world class infrastructure and customized education with a hands-on learning experience equips its students with the knowledge and skills required to work in a global economy, and places them as global citizens.



KIIT-Technology Business Incubator

Bhubaneswar



KIIT-Technology Business Incubator (KIIT-TBI) was started in 2009 in KIIT with generous support from the Department of Science & Technology Govt. of India. Subsequently, it has been supported by DBT, MSME, MeitY, MoFPI, DFID, Startup India, Invest India, and Startup Odisha. Since its inception, KIIT-TBI has provided a vibrant ecosystem through its authentic incubation programs in promoting and nurturing start-ups and innovators in the country. KIIT-TBI is committed to strengthening the economy in eastern and north-eastern India by creating markets and employment opportunities. Today, it has emerged as the Centre of Excellence in Technology Incubation in Digital Health, Diagnostics, and Precision agriculture. In due course, KIIT-TBI has established itself as a major innovation hub for technology ventures and a site for interfacing with the industry, academia, government bodies, and cross-border agencies. It has nurtured about 374 start-ups, 100+ women entrepreneurs, created 5000+ jobs and start-ups have raised 1200+ Cr private investment funds. KIIT-TBI is a strong promoter of manufacturing start-ups and aims to establish a manufacturing Hub in the state of Odisha. With a built-up space of 130,000 sq. ft, KIIT-TBI has a lot to offer in terms of infrastructure from office space, seating facilities, equipment to testing and prototyping labs. It has a dedicated 40,000 sq. ft of premier laboratory space offering a range of lab facilities and services to prospective start-ups and innovators for building ideas from the ground up with a minimum capital requirement. Facilities are teamed with expert staff to ensure professional support, training, and consultation. It has 8 dedicated labs (Digital Health Lab, Fabrication Lab, Bio Design Lab, Bioprocess Lab, Food Testing Lab, Analytical Lab, Cell Culture Lab, and a Central Common Lab) for supporting startups in prototype development.

KIIT-TBI facilitates market connect for profitable growth of the start-ups through channel partners, mutual linkages with State Govt, and CSR activities. KIIT-TBI also has in-house support for start-ups on IP, Legal, Finance, Regulatory & Compliance, and Technology Transfer. Being sector agnostic KIIT-TBI welcomes start-ups and innovators from all emerging areas (Healthcare, Manufacturing, Agriculture, Energy, Cleantech, IoT, AI/ML, Enterprise Solutions, Fintech, EdTech, Industry 4.0, Environment, Food, Waste to Wealth, Livelihood, Social Impact).

KIIT-TBI is the recipient of the National Award for Technology Business Incubation of the year 2017 and the Centre of Excellence in Digital Health & Precision Agriculture in the year 2020 by DST, GoI. The Bioincubator at KIIT-TBI Ranked No 1 Bioincubator consecutively in 2019 & 2020 under the private sector by BioSpectrum. UBI Global, Sweden placed KIIT-TBI in the Top 25 contenders under the "University Incubator" (2014) category. Networked and associated with all TBIs in the country through various networks like ISBA through which the organization is networked with AABI (Asia Pacific), European UKBI, and US NBIA. It is also a member of the Asia Pacific Incubator Network (APIN).

In the last twelve years of the journey from existence to excellence, KIIT-TBI has been nationally recognized as one of the implementation partners for programs like NIDHI-PRAYAS, NIDHI-EIR, NIDHI-Accelerator, MeitY TIDE 2.0 EIR & Grant, Biotechnology Ignition Grant (BIG), MSME-Business Incubator, Social Innovation Immersion Program (SIIP), SEED Funds (TIDE, NSTEDB, TDB, INVENT, BIRAC), Startup India Seed Fund and ASIIM.

KEY IMPACT HIGHLIGHTS

Total Incubation Space	Total IP Generated	Products Commercialised	Total External Investment Raised
1,30,000 sq. ft.	170+	100+	13 Billion+
Total Valuation of Startups	Technologies Developed	Direct Jobs Created	Awards & Recognitions by Startups
~ 80 Billion	250+	4500+	90+

About KISS, Bhubaneswar



Kalinga Institute of Social Sciences (KISS) headquartered in Bhubaneswar Odisha (India) is an organization in Special Consultative Status with the Economic and Social Council (ECOSOC) of the United Nations. It comprises the KISS Foundation, the KISS School, College and the KISS Deemed to be University powered by the core belief of a better world - free from hunger, poverty and illiteracy, KISS provides food, accommodation, health care and all the basic necessities of life absolutely free to 60,000 children (30,000 existing students 20,000 graduates & 10,000 satellite centers). With a humble beginning in 1992-93 with only 125 students, KISS has now become the world's largest residential institute for indigenous children. The Institute plans on educating 2,00,000 indigenous children over the next decade by setting up branches in 30 districts of Odisha as well as in all the states of India.



About KISS, Bhubaneswar



KISS-DU with its tailored curriculum has seven innovative Schools, a KISS Innovation Council, 23 Professor Emeriti, 14 Professors of Practice, 7 Research Chairs, a Tribal Advisory Council, and a Working Committee for the protection, preservation and promotion of tribal cultural diversity. Initiatives such as Sports for Development, Industry-academia collaborations, webinars and workshops with a focus on tribal languages, culture and heritage, skill development through vocational training and various outreach activities help boost morale and gradually strengthen aspirations for a better life among students, themselves as well as for their communities. The overall vision is to create a body of change agents who return to their communities, with innovative ideas and means in order to improve their quality of life.



About Tel Hai College



Tel-Hai College Academic College is located in Tel Hai in northern Israel, near Kibbutz Kfar Giladi and north of Kiryat Shmona. The college offers academic and continuing education programs for approximately 4,500 students, 70 percent of whom come from outside the Galilee. Minorities comprise about 10 percent of the student body. The college offers degrees in life sciences, social sciences, computer science, and the humanities. The college sees itself as "an agent of social and economic development in the highly strategic Upper Galilee region." Because of its location at the country's farthest northern border, Tel Hai's mandate extends beyond the area of education to include opportunities for individual and community development and closing social and economic rifts. Many biology science professors who teach at Tel Hai have research groups at MIGAL where many students also develop their bachelor or master projects.

In 1995, Tel Hai College opened the Center for Learning Disabled Students, the first of its kind in Israel. The center enables students with learning disabilities to thrive and excel in a competitive academic environment and realize their individual potential. The center caters to students with dyslexia (difficulties in organizing and processing written materials), dysgraphia (difficulty with written expression), foreign language learning and many other types of learning disorders. Sophisticated diagnostic tests are used to pinpoint areas of difficulty, so that maximum time and energy can be spent on learning how to overcome them.



About Avondale University



Avondale University is an Australian tertiary education provider affiliated with the Seventh-day Adventist Church. It is a part of the Seventh-day Adventist education system, the world's second largest Christian school system. Avondale University has two campuses, the Lake Macquarie campus being the primary campus situated in Cooranbong, New South Wales. The other campus is located at Sydney Adventist Hospital in the Sydney suburb of Wahroonga and is the main campus of the nursing school.

Avondale University primarily focuses in the areas of teaching, theology, and nursing, but also offers bachelor's degrees in business, science and the arts as well as certificate studies in outdoor recreation. The nursing program commences at the Cooranbong campus for one or two semesters and is completed at the Sydney Adventist Hospital with hands-on experience gained in the hospital. Master's degrees are offered in theology, education, nursing, ministry, and some business related fields by distance education, including a one-month on-campus component in the winter semester. Research doctoral (PhD) programs are offered in selected areas. Avondale University runs Avondale Academic Press, a small academic publisher.

Avondale University worked toward full University status from the Australian government for many years. [5] It was granted full University status on 1 July 2021. It is an international affiliate of the Council for Christian Colleges and Universities. Avondale University is an institution of the South Pacific Division of Seventh-day Adventists.



AGENDA




Time	Day 1 - Friday 27 th January 2023	Notes
12:00 - 12:30	Conference Registration.	
12:30 - 12:45	Welcome and Opening Remarks (Remind delegates of ethos and process of the conference)	
12:45 - 13:15	Round Table Introductions- Ted Speed date	
	Session 1: School, Spirituality, social-emotional learning, and school climate <i>Chair: Ofra Walter</i>	
13:15 - 13:30	Ricardo Tarrasch and Nurit Yirmiya Development and evaluation of a program to strengthen caring and social-emotional abilities, for the educational team of middle school students	
13:30 - 13:45	Rotem Schapira The effect of school climate on children's emotion recognition	
13:45 - 14:00	Phil Fitzsimmons and Barry Hill Understanding the Inner Vision of Middle School Students: Towards a Grounded Theory of Spirituality	
14:00 - 14:15	Neha Jha Management of Stress and Anxiety at Workplace using Emotional Intelligence	
14:15 - 15:15	Connective Summaries (One person is delegated to keep track of critical points and connections) Notices and Announcements	
15:20 - 16:00	Coffee Break	
16:00	Departure to hotel	
19:30 Onwards	Dinner	

Time	Day 2 - Saturday 28 th January 2023	Notes
9:30 - 10:45	Visit to KISS & KIIT University	
10:45 - 11:00	Coffee Break	
	Session 2: Entrepreneurship and well-being <i>Chair: Surekha Routray</i>	
11:00 - 11:15	Zeevik Greenberg New Women Business in Rural Area and the Influence of their Well-Being	
11:15 - 11:30	Eli Gimmon Personal Characteristics of Small Business Owners and their Strategic Change Behaviour during the Covid-19 Pandemic	
11:30 - 11:45	Atul Dahiya, Diptiman Banerji Reviewing Spirituality in Consumer Contexts: A Review and Future Agenda	
11:45 - 12:00	Sanjukta Panda Women Entrepreneurship in India	
12.00 -12.15	Surekha Routray Entrepreneurship for Women in Rural Odisha: Evolution in the Last 5 Years and its Socio-Economic Relevance	
	Session 3: Finding Self and Others 3 <i>Chair: Jon Kasler</i>	
12:15 - 12:30	Leehu Zysberg Losing my religion (and then finding it again): A qualitative study of senior leadership experiences through the lens of secular spirituality	
12:30 - 12:45	Bharat Dash The importance of Yama and Niyama for modern day leadership	
12:45 - 13:00	Angelica Edna Calo Livine A Process of Change with the Performing Arts	
13:00 - 13:15	Bosco M. Kuttner (presented by Hily Rosenblum) The Dance That Reconnects	

Time	Day 2 - Saturday 28 th January 2023	Notes
13:15-14:30	Lunch	
	Session 4: Therapy and Psychotherapy <i>Chair: Phil Fitzsimmons</i>	
14:30-14:45	Anna Zisberg The Role of Subjective Age in Predicting Recovery after Adverse Event	
14:45-15:00	Ofra Walter, Jon Kasler, Surekha Routray Emerging Adults: The effects of emotional Intelligence, Spiritual Intelligence, Anxiety and Depression on Satisfaction with life: Two studies	
15:00-15:15	Dovrat Harel Developing positive attitudes toward therapeutic work with older adults among drama-therapy students	
15:15-15:45	Coffee	
	Session 5: Consciousness and science <i>Chair: Lihu Zysberg</i>	
15:45-16:00	Moshe Klein and Avishay Galili Soft Logic as a mathematical basis for the science of consciousness	
16:00-16:15	Yuri Gidron When diseases meet the wandering nerve and current technologies	
16:30	Departure to hotels	
19:30	Dinner	

Time	Day 3 - Sunday 29 th January 2023	Notes
	Session 6: Positive Psychology <i>Chair: Monalisa Kar</i>	
10:00 - 10:15	Anat Drach-Zahavy Positive psychology matters in healthcare organizations? Promoting nurse proactivity to ensure quality patient care	
10:15 - 10:30	Monalisa Kar Spirituality and Wellbeing as a future-driven "Paradigm"	
10:30 - 10:45	Hily Rosenblaum Rehabilitation at risk - challenging issues in professional development	
10.45 – 11.00	Monalisa Mishra Culture and care- the new Gen Z mantra for global peace ; A case study on Indo African cross ethnicity witnessed at SUM Nursing College, Bhubaneswar	
11:00 - 11:15	Tamar Arieli Policy Entrepreneurs and Post-Conflict Cross-Border Cooperation: A Conceptual Framework	
11:15 - 11:30	Coffee Break	
11:30 - 12:15	Session 7: Research group discussion <i>Chair: Lihu Zysberg and Dr. Neha</i>	
12:15 - 12:30	Closing remarks & Future Directions & Connections	
12:30 - 13:00	Felicitation to participants	
13:00 - 14:00	Lunch	
14:00 Onwards	City Tour	
19:00	Visit to Sri Sri University – Meeting with Gurudev Sri Sri Ravi Shankar a globally revered spiritual and humanitarian leader	

SESSION 1:
**SCHOOL, SPIRITUALITY, SOCIAL-
EMOTIONAL LEARNING, AND
SCHOOL CLIMATE**
CHAIR
OFRA WALTER
TEL HAI ACADEMIC COLLEGE



Ricardo Tarrasch

Dr. Ricardo Tarrasch is a faculty member in the Department of Learning Disabilities at the School of Education and the School of Neuroscience at Tel Aviv University.

His research interests include the neurological, cognitive, and emotional effects of social and emotional learning and mindfulness and compassion training among regular children and teachers, and adults with learning disabilities and/or attentional problems. His teaching areas include research methodology, advanced statistics, meditation in education, mind brain and education, cognition, emotion and learning and social emotional learning.



He is also a co-founder and the chairman of the non-profit organization the Center for Compassionate Mindful Education.

Topic: Development and evaluation of a program to strengthen caring and social-emotional abilities, for the educational team of middle school students

Abstract:

The rapid changes taking place as a result of globalization, multicultural exposure and the information revolution require the education system to adapt to the new global reality and to impart to the future generation skills compatible with the requirements of the 21st century (Chernyshenko et al., 2018). A pivotal ingredient of these skills is social emotional learning (SEL) that include: Self-awareness, emotional regulation, social awareness, interpersonal relationships, teamwork and responsible decision making (CASEL, 2012; Weissberg, Durlak, Domitrovich, & Gullotta, 2015). Such abilities can be delivered in school settings, by external experts or by school staff. Studies show that these programs are more effective when they are delivered by teachers and when they become an integral part of the school's organizational language (Durlak et al., 2011). We developed an intervention/prevention model which combines the logical model of mindfulness training (Roeser et al., 2012) and the pro-social classroom model (Jennings et al., 2011), in accordance to Bronfenbrenner's ecological approach (Bronfenbrenner, 2005). The intervention included 30 hrs. focused on the educational team during the first year, and additional 30 hrs. during the second year, aimed to guide the teachers to implement SEL, mindfulness & compassion among their students. The program was implemented in 9 schools for the first year and in one school for already the two years. Significant improvements were obtained in children: optimism, self-esteem, pro-social behavior, positive relations with adults at school and school climate. Thematic analysis of interviews with the teachers who participated in the program revealed that most of the teachers were enthusiastic about the training and reported that they received useful tools, for themselves and for implementation with their students.

Nurit Yirmiya

Professor Emerita NuritYirmiya is a Clinical and Developmental Psychologist at the Hebrew University of Jerusalem. She has been engaged in the field of typical and atypical development of children and parenting for about thirty-five years in research, teaching and treatment. In the last few years, she is teaching a variety of courses and workshops including positive psychology, SEL, mindfulness and compassion for school staff, organizations, parents and the general public, and professional ethics. In the past, she served as the Director of the Leifer Center for Women and Gender Studies and as the Dean of students at the Hebrew University, and as the Chief Scientist and Chairperson of the Council for the Advancement of Women in Science and Technology at the Ministry of Science, Technology and Space.



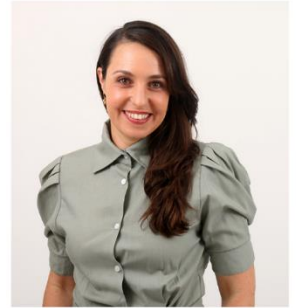
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Rotem Schapira

Rotem Schapira's research focuses on the socio-emotional competence of young children: emotion understanding (recognizing emotions, understanding emotions, Theory of Mind), empathy, and social understanding (prosociality and conflict resolution). Interested in the importance of these abilities for children's academic and social well-being and adjustment, across various cultures. Schapira explore the contribution of environmental factors such as parents and educational frameworks to children's socio-emotional competence. The studies concentrate on the family and parents, relate to the practice and dialogue between parents and children (shared book reading, conversations about conflicts), climate, and parents' emotional behavior (modeling, reactions to events).



The studies that center on the contribution of the educational framework relate to the emotional climate in schools and preschools. Similarly, develop and examine intervention programs that cultivate and promote young children's social-emotional learning. Currently working in the School of Social Work at Tel Aviv University, Israel. and a lecturer and pedagogical counselor in the Early Childhood Program at the academic college Levinsky-Wingate, Israel.

Topic: The effect of school climate on children's emotion recognition

Abstract:

Schools are an important environment where children spend a major amount of their time. Much of their social world is at school, where consequently, they are exposed to different emotional experience (Durlak et al. 2011). This study explores the effect of school climate on children's emotion recognition (ER) ability. Children's emotions recognition (ER), the ability to understand and recognize others' emotions using nonverbal cues, is crucial for social interaction (e.g., Garner & Waajid, 2012), and for academic performance (MacCann, et al, 2019). We examined ER via facial and vocal cues in 378 7-year old ($M= 89.59$ months; $SD= 3.83$) twin children. ER was assessed with the child version of the Diagnostic Assessment of Nonverbal Accuracy for happiness, anger, sadness, and fear (Nowicki, 2010). Data on twins' schools was obtained from the Israeli Ministry of Education. Three aspects of the school climate were assessed: (1) Child's well-being at school; (2) Positive relationships; (3) Climate of insecurity. We used Multilevel analysis with families as clusters, and with child's sex, family's SES, and schools' achievement levels as control variables. The results show that school climate showed significant effects on ER ($b=.26$ $SE=.13$). Specifically, school climate related significantly to anger recognition ($b=.19$, $SE=.09$) and trended towards significance for fear recognition ($b=.32$, $SE=.17$). Children attending schools characterized by more positive relationships, sense of protection, and less violence showed greater ER overall, and in particular, about negative feelings such as anger and fear. For the control variables, females had greater ER than males and there is a significant effect of the family's SES on ER. The findings highlight the importance of the school climate for children's emotional development. School climate is an important environmental factor for emotional learning.

Phil Fitzsimmons

While having research, supervisory and teaching links with former tertiary employees, Assoc. Prof. Phil Fitzsimmons is currently an independent researcher, and consultant in education and organizational learning. Prior to this he was Head of Education (Alphacrucis University College Sydney, Australia), Assistant Dean -Research (Faculty of Education, Business and Science - Avondale University, Australia), Director of Research (San Roque Research Institute, California) and senior lecturer (University of Wollongong, Australia). His current research interests include gothic literature, popular culture and adolescent spirituality.



He is also working on international and national projects focusing on understanding the relationships between school structure and axiology for the largest international private school system. The studies that center on the contribution of the educational framework relate to the emotional climate in schools and preschools. Similarly, develop and examine intervention programs that cultivate and promote young children's social-emotional learning. Currently working in the School of Social Work at Tel Aviv University, Israel. and a lecturer and pedagogical counselor in the Early Childhood Program at the academic college Levinsky-Wingate, Israel.

Topic: Understanding the Inner Vision of Middle School Students: Towards a Grounded Theory of Spirituality as a Modality of Forward Thinking Beyond School

Abstract:

This paper unpacks the findings of an Australian wide qualitative project that sought to understand the nature of school aged student's awareness of the concept of spirituality. Drawing from a national school network recognized as being a component of the largest international protestant educational system, the respondent set was comprised of forty-five groups of students averaging six in number, in classes from years three to ten at twelve primary and ten secondary school campuses across Australia. Using a 'smart bomb' focus-group interview approach followed by 'three level analysis' and 'constant comparison' across all interviews grounded model of spirituality embedded in a 'social imaginary' framework inductively emerged. Using the complete data set as a wholistic backdrop, the rationale for the specific focus of this paper is that middle school students are recognized in the positive psychology and well-being literature as being the most social, the greatest risk takers and the most innovative age group. The term 'social imaginary' has been coined as it embodies the social-emotional foundation of these students' everyday lives, as well as the positivity, reflexivity and forward-looking mind-frames of these students. More importantly, this perspective is also axiological as not only could these students articulate an epistemological-ontological connectivity, but there understanding was also underpinned by values such as care for others, service to the community, authentic desire for relationality and spiritual sensitivity.

Neha Jha

Assistant Professor, Kalinga Institute of Social Sciences.

Ms. Jha has done her PhD from Tilka Manjhi Bhagalpur University, Bihar. She has done a certified course child protection: Children's Right in Theory and Practices from Harvard University. Some of her research publications includes: Influence of Personality on psychological Quality of Life in Anukriti in 2022, Internet addiction and mental health in Universal Review journal in 2020 edition. Impact of parenting on holistic development of child.in The Eternity in 2020 edition, Psychosocial impact of covid19 pandemic in Shodh Drishti in 2020 edition and many more. She is currently working as Assistant Professor in Kalinga Institute of Social Sciences Deemed to be University since July 2022.



Topic: Management of Stress and Anxiety at Workplace using Emotional Intelligence.

Abstract:

As researchers are working to understand how emotional intelligence affects diverse social interactions, it is becoming a more popular issue for behavioural research. According to recent studies emotions are important in managing stress and anxiety at work. This study demonstrates the importance of looking at how emotional intelligence, as a general term, relates to anxiety and stress management. Two null hypotheses are looked by researcher that explore how emotional intelligence might be measured and used as a predictor anxiety and stress management. For the study, 150 management graduates were recruited. Variables were measured using the General Anxiety Test, Stress Inventory, and Emotional Intelligence Scale. Descriptive statistics, correlation, and regression are used as data analysis method. The findings showed a substantial correlation between the stress and anxiety factors and emotional intelligence. In terms of the association with emotional intelligence, the stress management and anxiety components show statistical significance.

SESSION 2:
ENTREPRENEURSHIP & WELL-BEING
CHAIR
SUREKHA ROUTRAY
KIIT-TBI



Zeevik Greenberg

Mr. Greenberg is a senior lecture of human resources and economics departments in Tel-Hai College in Israel, and guest researcher in the 'Institute for the Kibbutz and the Cooperative Idea' at the University of Haifa. My research mainly focus on rural area development. My projects are: New Immigrants to rural areas, extension neighborhoods in kibbutzim, economics and entrepreneurs, women entrepreneurs in rural areas.



Topic: New Women Business in Rural Area and the Influence of their Well-Being

Abstract:

New Women Business in Rural Area and the Influence of their Well-Being

This presentation deals with the well-being of women who established small businesses in agricultural settlements in the periphery. The big economic crisis in agriculture in Israel forced many families to abandon agriculture and work for new and familiar employment. Women paid the 'big prices' of this economic situation because most of them worked on service works and lot of these work places are closed in the economic crises. Women can't find new places to work because, there are only little amount of workplaces for women in these area and second, women's workplaces do not allow them to rise to high level and management positions in these companies, that are dominated by male board. In our research we use qualitative method and we interviews more than 30 women. from their interview we can learn that women establish small businesses in their home and sometime in the area. We learned about the business and the gender challenges in the rural and peripheral area. More of that we could recognize two generation of women in business: The first-generation business was semi agriculture, open business in tourism and rural hosting. They use their traditional self-specialization in their business. The second generation establish new business in a new and not familiar professional as Sales and marketing, engineering professions and other professions that have no connection to the village and rural area. Our findings show the meaning of business management About the sense of well-being and empowerment that these women. and about the manifestations of this feeling and its effects on other areas of these women's lives. We will show how their Well-being affects the other areas of their lives: creating active networks, learning and professional development, an in-depth profession and moving from a static state to a state of initiative in sales and marketing

Eli Gimmon

Eli Gimmon is a full professor of management at Tel-Hai College in Israel. His interests of research include entrepreneurship, strategy and marketing of SMEs, business clusters, regional development, business sustainability. He received Ph.D. in business administration in 2006 at the University of Strathclyde, Glasgow, UK. In 2019 he was a guest researcher at the University of Electronic Science and Technology of China. His academic interests emerged from 22 years of field experience, including co-founding two American–Israeli IT companies and managing intra-preneurship at a leading Israeli international electronic corporation.



He is a reviewer for several journals such as Research Policy, Entrepreneurship Theory and Practice and Industrial Marketing Management. Prof. Gimmon has been teaching entrepreneurship and strategy in numerous academic institutions in Israel, the United Kingdom and China.

Topic: Characteristics of Small Business Owners and their Strategic Change Behaviour during the Covid-19 Pandemic

Abstract:

This study presents and tests a model of small business owners' adaptation during the COVID-19 pandemic, through the lenses of the Resource-Based view of the firm, Upper Echelon Theory and Positive Psychology. Specifically, it examined the relationships between personal characteristics and strategic pivot behavior in a sample of small business owners during a peak period of the crisis in Israel. Design/ Methodology – A sample (N= 202) of small business owners provided information on their business and demographics, and responded to questionnaires assessing their personality (Big Five personality traits), emotional intelligence (EI), and reported the extent to which they implemented strategic changes during the pandemic. These changes were categorized as 'positive' (e.g.: shifting to new markets, adding partners or investors) or 'negative' (e.g.: letting employees go). Findings - The results partially support an association between personality traits and 'positive' strategic change behavior, mediated by emotional intelligence. Research limitations and implications – The results suggest that business owners' personality traits, but also EI may play a key role in enabling flexibility when dealing with a long-term, uncertain crisis. However, market and legislative differences between markets may limit generalizability to other sectors or countries. Originality/ Value – This study is among the first to address small business COVID-19 related challenges from a personal-resource perspective by applying a theoretical lens integrating the Resource-Based View of the Firm, Upper Echelon Theory and Positive Psychology. The findings provide a better understanding of the ways in which business owners' personal resources account for business pivot behavior in times of crisis.

Atul Dahiya

Atul Dahiya is a Doctoral Research Scholar in marketing at Jindal Global Business School, O.P. Jindal Global University.

Atul Dahiya also worked in the capacity of assistant manager marketing at Rishihood University. He is a trained professional who has worked with giants like ITC Limited, Nestle, UNICEF India, DCPCR under the government of NCT of Delhi, NCC Limited, CSMRS under the Ministry of Water Resources Government of India, DMRC Limited, and Sadbhav Engineering Private Limited.



His research interest lies in the domain of “Consumer Well-being”. He is passionate about consumer psychology and consumer research.

Topic: Reviewing Spirituality in Consumer Contexts: A Review and Future Agenda

Abstract:

For years, scholars have considered spirituality as an intriguing subject in the context of consumers. Spirituality is a broad concept that has been defined in many ways, depending on the context and source. Generally, it refers to a person's beliefs and values related to their connection with something greater than themselves, whether it be God, nature, or a higher power. It often involves practices such as prayer, meditation, and contemplation, and can influence a consumer's behavior and attitudes in various areas, such as food choice, environmental issues, and personal values. The present study reviews articles from last ten years (2014 to 2023) pertaining to the subject of spirituality in consumer contexts. Systematic literature review has been adopted to provide a comprehensive and unbiased overview of the literature, as systematic reviews use rigorous methods to search for and critically appraise relevant studies. The present study first assess Scopus retrieved articles for quality (based on Scopus Q1 and Q2 rankings) and eligibility; second, review these selected articles (n = 45) for emerging themes, and lastly shed light on the future research agendas to provide scholars with a state-of-the-art overview of the subject of spirituality in consumer contexts. The paper delves deep into the current understanding of the field and presents suggestions and important insights to guide future research.

Sanjukta Panda

Ms. Panda is a Consultant to various schools across Odisha on elementary education . She is a Corporate trainer at various industrial townships for orientation and counseling of parents of students in schools within townships. She is also a speaker across schools promoting Child Education, Applied Psychology, Student Mental Health, and Environmental

Awareness She has been regularly visited to schools overseas (in Europe and Asia) to understand the education system and adopt the best Practices. She is also a trainer and mentor to local ladies from underprivileged localities on livelihood generation activities and getting their products linked for export.

She is engaged in export of fashion jewellery for over 7 years. Currently she is the Founder Director of Kutie Kids Preschool (Nursery to Std-2) and Activity Centre (hobby classes for age group 4 to 15).



Topic: Women Entrepreneurship in India

Abstract:

Enterprises play a very important role in any economy as they generate employment, create goods and services and shape the future of the country in a global forum. For several decades, the organizational landscape in India has been dominated by men as women confined themselves to home making and played a supportive role to their male counterparts. Of late, we find more and more women coming forward, bringing in their own ideas and innovations into business and doing well, and even better than men in many fields. To encourage more women enterprise, there are efforts from the government to create additional focus through stand-up initiatives as a part of the start-up ecosystem.

The women's movement in this area not only brought in educated ladies, in many areas rural women with little education also came up with ideas that have been highly successful in creating livelihood for several other rural women, who could support their family income. In contrast, there are many women who have great ideas but are not able to do anything due to some hurdles, be it internal or external, and need some sort of motivation or encouragement or incentivization. This paper takes us through the evolution of women entrepreneurship in India, growth, challenges and various aspects by getting through various relevant literature in this area. The literature reviewed here are selected from global blind peer reviewed reputed journals published within the last 2 decades to bring relevance to the topic for better understanding.

Ms. Surekha Routray

Head- Social Incubation and CSR at KIIT- Technology Business Incubator, KIIT Deemed to be University Bhubaneswar. As a Certified Sustainability Assessor, with an MS in strategic risk, MBA in Finance and Marketing and a degree in law, she worked with 3 main sectors of the ecosystem namely - Education, Banking and Insurance and has had direct interfacing with Startups. She brings to the board an interesting amalgamation of 10 + years of corporate exposure (from India & US), 5+ years of academic interfacing and 6+ years of understanding of the startup ecosystem.



She has extensively worked in the social domain in many national and international projects (US and European Union) for promoting social entrepreneurship and women entrepreneurship. She has hands-on experience in the 3 major segments of the incubation space viz. Pre-incubation, Incubation and Scaling, spearheaded several entrepreneurship programs and has worked extensively for the social impact startups in the PAN India ecosystem and has mentored more than 100 startups. She has translated her exposure and experience to papers and book chapters. has had publications in several International Journal, has written book chapters and is the co-editor for a Springer Publication Book "Diversity & Inclusion: The Startup Ecosystem" which will be published this year.

Topic: Entrepreneurship for Women in Rural Odisha: Evolution in the Last 5 Years & its Socio-Economic Relevance.

Abstract:

Women in the Rural Landscape of India have often been treated as individuals with limited abilities to understand and take financial decisions. Over a period of time this has become so ingrained in the societal fibre that women themselves believed that they were incompetent to become independent thinkers and decision makers. This also evolved from the facts that income generating skills were given more weightage than care giving skills. The inability to actively contribute to the financial needs of the household and being completely dependent on the men for any of their expenses further added to this belief. The conservative societal culture, predominant in the villages and smaller towns, limited the decision-making rights of women to the kitchen and the upbringing of the children, while all the major decisions were taken by the men in the family. With the current wave of micro entrepreneurship permeating the country, especially through the semi formal structure of SHGs (Self Help Groups), rural women have started foraying into the realm of entrepreneurship. The SHG structure has enable the women to form groups and leverage from each other's strengths. Setting up Micro Enterprises through the SHG structure has given them financial independence, validated their decision-making abilities, and enabled them to become active contributors to the household income and the economy if the region. It has also led to tactical positive shift in their societal positioning. This paper will discuss the role of women led micro enterprises on the evolving socio-economic landscape of Rural Odisha over the last 5 years.

SESSION 3:

FINDING SELF AND OTHERS

CHAIR

JON KASLER

TEL HAI ACADEMIC COLLEGE



Leehu Zysberg

Leehu Zysberg is a professor of psychology and education at Gordon College of education, Haifa, Israel.

His main research efforts focus on the associations between emotional experiences and abilities and various functional outcomes, especially in health and work settings. He has dedicated a vast portion of his time to the study of Emotional Intelligence and its role in various health conditions, adjustment to stressful situations etc. An advocate of positive psychology, Zysberg is interested in better understanding human resilience in daily life situations rather than major crises or extreme conditions. He is also interested in various aspects of organizational behaviour, human performance in work settings and wellbeing.



Topic: Losing my religion (and then finding it again): A qualitative study of senior leadership experiences through the lens of secular spirituality

Abstract:

Top organizational leadership positions are often very demanding, and challenging positions, requiring genuine devotion on behalf of those who take on this mission. While management and leadership may often be seen as sober, machiavellistic and outcome oriented vocations, relatively new evidence does suggest that spirituality plays a pivotal role in effective, ethical leadership (Dolan & Altman, 2012). Moreover – inspirations, vision, values and a belief in a 'right cause' not only promote leadership and organizational goal attainment but also serve as protective factors against burnout, ethical breaches and even corruption (Moorefield, 2019). The current study explored the experiences of top leaders in academic organizations in Israel through the lens of secular spirituality and how it may be involved in what stops or motivates them on the job. The proposed presentation focuses on the experiences of a small group (n=12) of senior academic leaders in higher education institutions in Israel. Constantly facing and managing demanding, political, professional, interpersonal and fiscal challenges, they described the pendulum movement between experiences that "drain" and "fill" them in their jobs. These experiences often relate to the amount of frustration emanating from their perception of the challenges as "core" issues or non-core issues. They also describe a pendulum movement between "losing faith" and "regaining faith" in their vocation and mission as key dynamics representing the inner working of their spiritual representation of their work and its meaning. Losing faith often had to do with moments of compromise over personal values and ideals while regaining faith was often related to a sense of service (serving the academic community, the students, a given field, etc.) or a sense of making a personal impact. These patterns can be interpreted in light of the philosophy of humanistic spirituality, and servant leadership (Eva et al., 2019; Freeman, 2011) and allow an emergent model of spiritual educational leadership.

Bharat Dash

Mr. Bharat Dash is a teacher, mentor and a guide to many students, he has been associated with different prestigious colleges & institutions in and around Mumbai like NMIMS, ISME, Welingkars Institute of Management, MGM Institute of Management and Research for Managerial Economics, and SAS Institute of Management.

He teaches a range of subjects like Management Lessons from Indian Mythology, Innovation and Creativity Management, Managerial Economics, Design Thinking, and Nitishastra through Panchatantra, to name a few.



An IT engineer by qualification, he holds a Master's degree in Marketing Management, Master's degree in Economics, post graduate diploma in Business Design, and is a UGC NET qualified Assistant Professor. Before taking up an academic career, he had worked in reputed corporate organisations like Infosys, Citius Tech and HCL Infosystem. An Yoga enthusiast, he is also a YCB certified Yoga Instructor. Through his venture Katha Pratha, his aim is to take the teachings of Panchatantra, and other Indian classics, to the masses and help them become better students, professionals, leaders, and citizens. He is currently a Research Scholar and Faculty Associate at the Faculty of Management Studies, Sri Sri University, Cuttack.

Topic: The importance of Yama and Niyama for modern day leadership

Abstract:

In the modern business world of super competitive market place and hyper use of technology, there is an ever-increasing need and inclination towards emotional and spiritual well-being of people in any organization. Spirituality is slowly becoming a means to maintain mental balance than just being an elusive point of super-natural state. In this context, Yoga has become a very popular and effective tool among the masses. It is not just the physical practices, but also the ancient philosophy (darshan) which is getting its due attention in present times. Maharishi Patanjali's Yogasutra stands out for its practicality, brevity, and clarity among many books on yoga philosophy. The Ashtanga Yoga (eight-limbs) framework is the best-known extract from this timeless wisdom, and can be used as a potent tool for getting a balanced state of mind. The framework includes- Yama, Niyama, Aasan, Pranayam, Pratyahaar, Dharana, Dhyana and Samadhi. The article focuses on the two primary limbs in the ashtanga yoga framework- Yama and Niyama, and looks them through the perspective of modern-day work environment. Yamas are the restraints that a yogi must practice while dealing with the outer world, while Niyamas are the duties that a yogi must observe for the self. The study explains the meaning, the differences, the relevance, and the applications of each of the five yamas and five niyamas. The content and inferences of the study can be of great help for organizational leaders to not only have a positive work environment, but also a stable and peaceful state of mind for themselves.

Angelica Edna Calo Livine



“Dr. Angelica Edna Calo Livine is an educator and advocate of peace. In 2002 she created the Arcobaleno Theater, in the Upper Galilee of Israel, involving young Jews and Arabs, Christians, Muslims and Druses, who with mime and dance narrate what goes on in the mind of an adolescent living in a country at war. Using their bodies, the actors express their inner thoughts and burning desires to accept people and be accepted as they are.

Angelica lives in a Kibbutz on the border of Lebanon. In 2004 she founded Beresheet LaShalom – A beginning for peace Foundation, to educate to dialogue through Performing Arts. She wrote 5 books in Italian (she was born in Rome) and articles on education and operates projects to spread positive thinking. She is lecture at Tel Hai College in the Faculty of Education, runs workshops of soft skills and directs Community Theater. Since 2011 she has been an Academic Counselor in a Druze experimental school in the Hurfeish Village. Angelica presents her vision for peace, saying, “I believe that the person who is rich inside, who is sure of himself and his faith, can love and accept others without reservations! He has no need to domineer, to impose himself and himself on others.”

Topic: A Process of Change with the Performing Arts

Abstract:

Arts have an important role in education, especially in providing pedagogical tools inspired by the performing arts: theater, pantomime, improvisation, music and dance. This is expressed in verbal and non-verbal ways, in personal empowerment and “soft” skills development. These soft skills include communication skills, creativity, teamwork, and leadership skills. Strengthening these skills is important for school students and young people by preparing them for the workplace. This may be even more relevant in minority sectors of society, which often demonstrate a lack of these skills in order to preserve cultural traditions. My study is a qualitative action research conducted at various schools and with students in my courses in Tel Hai College in a northern Israel. The study examined the process of implementing a performing arts program that served as a pedagogical tool for a widespread systemic pedagogical change and innovation in the school in order to develop important skills for optimal integration within the Israeli society. The research findings provide information on the school change process and demonstrate the implementation of a unique program that incorporates the performing arts in education. The 21st century has brought far-reaching innovations in human consciousness. In a world where knowledge can be acquired by the click of a button, it is imperative for teachers and educators to challenge themselves, explore and discover unknown potentials, and reach new goals (Ciappei & Cinque, 2014). Educators are expected to direct students to literacy and proper use of technology, as well as the pleasure inherent in the excitement of the work and the happiness that comes from a meaningful life. These purposes should be provided to students through developing both hard skills, that are considered to be operational and technical abilities (Laker & Powell, 2011); and soft skills, which are interpersonal skills based upon moral and social development such as communication and collaboration abilities (Quieng, Lim & Lucas, 2015). Preparing students for the workplace is significantly important and combining dialogue skills with the development of emotional and social intelligence can bridge the gap between generations; and acquiring new tools for developing personal expression may reinforce community values (Njoroge & Yazdanifard, 2014).

Dr. Hily Rosenblaum

Head of Art and Movement Therapy programme, Coordinator of Research on Emotions in Education and expressive art therapy fields , the Academic College Levinsky- Wingate, Israel.

she is an initiator and director of the Israeli Center for the Rehabilitation through Arts. The rehabilitation program was implemented in cooperation with the European. Association for the Rehabilitation through Arts (EUCREA).

She is also the initiator of the Psychiatric Rehabilitation Law in the Israeli Parliament (1997).



- Development of the Holistic Creative center -"Lovecircles"- for parents and children with special educational needs and disabilities (2001).
- Development and the "Lovecircles"-Emotions based professional development program for educators and therapies in the field of special education (2015).

Topic: Rehabilitation at risk - challenging issues in professional development

Abstract:

This study evaluates an original arts-based pedagogy professional development programme for teachers entitled "Lovecircles". The programme was developed in Israel as a response to ongoing challenges of teachers working with children at risk. The "Lovecircles" programme is grounded on holistic-humanistic and expressive-art therapy theories aiming to achieve teachers' personal- emotional and professional involvement for affective and effective inclusive teaching. This approach is based on the premise anchored within expressive-art therapy field that the arts is natural and primal tool through which people can express their individuality and develop communication and emotional identification with others. Nevertheless, the place of art in teacher education is absent and not considered for its potential contribution as a tool and means for teachers' personal development. The present research evaluates in depth the impact of the 'Lovecircles' programme on novice and expert educators who participated in the programme with or without art background. This is an evaluative phenomenological study focusing on the experiences and perceptions of the participants from their own perspectives. The research tools are in-depth interviews, reflective diaries of the participants and the researcher, videos, and still photographic observations. The research methods were essentially inductive, documenting a collection of events and situations that were collected through them. The case studies are analysed individually and in comparison, to one other. The findings indicate that the use of arts within the "Lovecircles" program developed the educators' abilities of attention to themselves and to others. This involvement constructed positive teaching approach to children at risk. The use of particular creative teaching styles and methods - movement, music, art, drama, simulations, and relaxation techniques- generated the participants' personal-emotional and professional development. These findings highlight the role of arts within teachers' education in general and inclusive education in particular. This new understanding may serve as a potential facilitator for present and future challenging concerns within teacher education. This might, as well, outline new angles for teaching children with and without special educational needs.

SESSION 4:
THERAPY AND PSYCHOTHERAPY
CHAIR
PHIL FITZSIMMONS
AVONDALE UNIVERSITY



Anna Zisberg

Prof. Anna Zisberg, PhD, RN, FAAN is an Associate Professor at Cheryl Spencer Department of Nursing, University of Haifa where she currently serves as a Chair of the PhD Program. She is also Director of the Center of Research & Study of Aging at the Faculty of Social Welfare and Health Science (University of Haifa) and Affiliated Associate Professor at MGH Institute of Health Professions, Boston, MA, USA.



Prof. Zisberg earned her BA and MA from Tel Aviv University and her PhD from the University of Washington, Seattle, School of Nursing. Dr. Zisberg's main research focus is on understanding mechanisms that account for changes in functional, cognitive and emotional status in older adults during times of health challenges such as hospitalization as well as exploring the effects of organizational structure and quality of care on hospitalization outcomes and older adults' wellbeing. Her research is continuously funded by ISF (Israel Science Foundation) and NIHP (Israeli National Institute of Health Policies) grants. To assure uptake and dissemination, she published more than 70 articles in geriatric, medical and nursing journals, presented her work in over 80 national and international conferences, and partnered with numerous hospitals and LTCs. According to Stanford University and Elsevier Database she was listed in the two highest percentages of the most cited researchers in her field in 2021 and 2022.

Topic: The Role of Subjective Age in Predicting Recovery after Adverse Event

Abstract:

Subjective age is a concept representing people's own subjective perception of their age and is typically the answer to the question "what age do you FEEL like?". The current study explored whether subjective age may serve as a correlate of physical, cognitive and emotional well-being among older adults and indicate a recovery after adverse health event. Psychological and physiological subjective age was measured as a rating of personal feeling older or younger compared to chronological age on 5-point Likert scale. Decline in independency in Activities of Daily Living (Barthel-ADL), in Life-space mobility (LSM), worsening cognitive function (MMSE) and depressive symptoms (HADS-Hospital anxiety depression scale) were estimated based on participants' assessment at time of admission and one-month post-discharge. In a sample of 250 participants, age 77.5±6.6, the odds of decline in cognitive status, functional status, and community mobility and the exacerbation of depressive symptoms after acute health event were significantly lower in those reporting younger versus older psychological subjective age (OR=.68, 95%CI=.46-.98; OR=.59, 95%CI=.36-.98; OR=.64, 95%CI=.44-.93; OR=.64, 95%CI=.43-.96, respectively). Findings were significant after controlling for numerous demographics, functional, cognitive, and chronic and acute health predictors. Psychological subjective age could serve as an additional simply assessed parameter to identify older adults with potential vulnerability for decline in various aspects of wellbeing at a volatile period in their lives.

Ofra Walter

Ofra Walter is a senior lecturer at Tel Hai Academic College and the Head of the Master's degree in Art therapy and Drama therapy. She served as the Chair of the Department of Education. She served as head of the Education Through Art program in the Department of Education and as the head of the Department of Early Childhood Education. She was a tutor and pedagogic instructor of early childhood Student teachers and Kindergarten teachers.



She developed educational and academic projects and community guidance. Walter served as an academic advisor in Israel, the U.S., and England. She holds a Ph.D. from the University of Raskin (England) from 2007. Served as a consultant and researcher in collaboration with the British Ministry of Education to develop a plan for an integrated interventional program in special education in 2008-2010.

Topic: Emerging Adults: The effects of emotional Intelligence, Spiritual Intelligence, Anxiety and Depression on Satisfaction with life: Two studies

Abstract:

Much research has focused on how emotional and spiritual intelligences promote well-being and help combat mental health challenges. The present paper reviews two phases of research that focused on clarifying the relationship of emotional intelligence, spiritual intelligence, anxiety and depression, and satisfaction with life of emerging adults. In two studies with emerging adults who were enrolled in undergraduate programs, we tested the hypothesis that emotional and spiritual intelligences ameliorate the impact of anxiety and depression on satisfaction with life. The results generally support the hypothesis but variation between the studies raises questions about the veracity of the construct of spiritual intelligence. In a second study, gender and national origin significantly impacted the relationships between concepts measured. Further research would improve our understanding of the potential value of promoting emotional and spiritual intelligences to enhance satisfaction with life.

Jon Kasler

Jonathan Kasler PhD lectures in the school of education Tel Hai College Israel, earned his BA at Middlesex University London UK, his M.A. at Haifa University Israel and PhD at Loughborough University UK. He served in a variety of positions at Tel Hai College including head of counseling services, head of the English Department. His research interests include: social emotional learning, minorities in education, learning disabilities, values and spirituality in education.



He is senior lecturer in the Education school at Tel Hai College, Israel where he teaches courses in special education and minorities, emotional intelligence, inclusion and learning disabilities.

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Dovrat Harel

Dovrat Harel, Ph.D. is a certified drama therapist and senior supervisor. She is a lecturer and researcher at the Drama Therapy Graduate Program, Tel-Hai College, Israel. She is a member of The Interdisciplinary Research Center for Arts and Spirituality: Therapy, Education and Society at Tel-Hai College. Her research areas include intergenerational drama therapy projects, drama therapy and bibliotherapy with older adults, creative arts therapies with people with dementia, drama therapy for family caregivers, and sexual assault against women in later life.



She developed creative therapeutic methods for the older population, which she has been invited to teach in several countries. Dr. Harel has presented her work at international conferences and published in international refereed journals and books.

Topic: Developing positive attitudes toward therapeutic work with older adults among drama-therapy students

This presentation will present a part of a larger study that was conducted following a practicum project of master's degree drama therapy students during the COVID-19 lockdowns. The project's aim was twofold: to support older adults in the community- and to respond to the needs of drama therapy students whose practicum had been sharply curtailed. We aimed to take advantage of the situation to create opportunities for learning about the older population, since studies have shown that a lack of clinical knowledge is a substantial factor in professionals' negative attitudes toward psychotherapy with older adults and is considered to be one of the main reasons for their reluctance to work with older clients (Bryant & Koder, 2015). The project lasted four months. It involved 18 master's degree drama therapy students and 48 older adults. The students conducted individual drama therapy telephone sessions once a week or twice a week, according to the desires of the older participants.

After the end of the project, we explored the experiences of all the participants. This presentation will focus on the students' perspective. Three focus groups were conducted with 10 students and the data were thematically analyzed. The results show that following the project, the students expressed more positive attitudes towards older adults and towards drama-therapy with older adults. They support previous findings which show that clinical exposure to the older population has been suggested to mitigate pre-existing negative stereotypes (Bryant et al., 2012; Dassa & Harel, 2019; Lee et al., 2010). Moreover, they point to the contribution of a mediated learning experience to foster positive attitudes regarding their ability to provide an emotional support to older adults

SESSION 5:
CONSCIOUSNESS AND SCIENCE
CHAIR
LEEHU ZYSBERG
GORDON COLLEGE



Moshe Klein

Mr. Moshe Klein have Ph.D from Tel Aviv University on the topic of Soft logic. His interest is Soft logic and the development of new technological applications. He is the manager of the Consciousness and Soft Logic Lab in Tel Aviv University. He is also a lecture in Tel-Hai College. In 1990, He founded the Gan Adam Project for the development of mathematical and scientific thinking among preschoolers, and have since instructed about 1,500 kindergarten teachers throughout Israel. Between 1994–2000, he developed a pedagogy of the unknown, in the context of the Tomorrow 98 Project in the Galilee in Tel-Hai College.



Topic: Soft Logic as a mathematical basis for the science of consciousness

Abstract:

One of the most critical challenges we face today is connecting western rational science with eastern spiritual wisdom – specifically Indian. A great example of that connection is the famous Indian mathematician Srinivasa Ramanujan who discovered thousands of mathematical formulas by direct access. This direct access to the core of mathematics shows the existence of the possibility of a new holistic approach to sciences, mathematics, and consciousness.

Soft Logic is a mathematical language that constitutes a new evolution step of the concept of Numbers. A prehistoric man probably invented Integer numbers. Later, evolved the Natural numbers and the number Zero, the Rational, Irrational, and Complex Numbers. Each step evolves from the need for a solution to a problem that does not have a direct answer. In the same manner, Soft Logic stems from the need to distinguish between the different multiples of the number zero – and, in this manner, to constitute a tangible model of the infinitesimal world; which in Soft Logic includes a relation between a Real number and an Infinitesimal number. We hold that this kind of relationship is what constitutes the human consciousness and can be the foundation of spiritual scientific research and journey. The Object of human consciousness is deduced from these very pre-experimental conditions of human consciousness. Our rigorous mathematical theory can also be viewed as a natural extension of some philosophical paradigm (Emanuele Kant, and especially the "Differential Doctrine" of Salomon Maimon). Our theory constitutes a continuation of the fundamentals of these philosophies and gives a distinct mathematical model that supports it. It is a new metaphysics model of reality - according to it, man and the world are aspects of one reality. But the difference between the phenomenon and the "thing in itself" is a difference in degree rather than genus – that means an infinite epistemological difference.

Avishai Galili

Has a Master`s degree in General Philosophy. The Master Thesis deals with the criticism of Salomon Maimon on Kant's "Thing in itself." This thesis also explores Maimon's "Differentials method" - as a solution to Kant's Schematism. This year he successfully submitted and received a Ph.D. in Jewish Philosophy. The dissertation explores the relation and influence of Rabi Hasdai Crescas' Metaphysics and the concept of God on Baruch Spinoza's Metaphysics of Substance. These days he is beginning a Postdoctoral Fellowship as a researcher at the "TAU Laboratory for Consciousness and Soft Logic" developing metaphysical-mathematical modeling for the reality-consciousness reaction.



Topic: Soft Logic as a mathematical basis for the science of consciousness

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Yuri Gidron

Mr. Yori Gidron is a prof of health psychology at the faculty of health sciences in Haifa Univ. I am on the editorial board of 4 journals and have over 130 publications. I specialize in the neuromodulation of health and diseases. My main focus is on the protective roles of the vagal nerve in severe diseases. I like very much to collaborate with other countries in the name of health and peace between people.



Topic: When diseases meet the wandering nerve and current technologies

Abstract:

When diseases meet the wandering nerve and current technologies.

For many years, the leading causes of death include ischemic heart disease, cancer, stroke and COPD. Adding to these diabetes, depression and chronic pain, together with overwhelming infectious diseases seen in developing countries, we cover the major medical causes of human suffering. However, many of these conditions have common life-style and neurobiological underlying mechanisms, all related to low activity of the vagal nerve, the wandering nerve. Furthermore, while most medical conditions target the pathology, few try to increase endogenous resilience factors to combat diseases and increase health and well-being. In my brief talk, I will show evidence linking vagal nerve activity to lower risk of these diseases and to better recovery from them. I will show evidence that paced breathing vagal biofeedback has certain health benefits and increases well-being. Finally, I will propose a few novel technological avenues using this knowledge for the benefit of people.

SESSION 6:
POSITIVE PSYCHOLOGY
CHAIR
MONALISA KAR
LEARNING S'PARK



Anat Drach-Zahavy

Professor - Psychology and the director of the research group and the MA program in Resilience in Nursing at the Department of Nursing at the University of Haifa. She earned her Ph.D. in Industrial Engineering and Management at the Technion, the Israel Institute of Technology. Her interest in resilience comes from the desire to improve the quality of care and safety in healthcare organizations. She considers resilience to be a multilevel concept referring to the ability of a system (e.g. a person, a team, an organization or a nation) to adapt successfully to adversity. While most research on resilience focuses on the link between resilience and physical and emotional wellbeing, She is interested in resilience as an overall concept that affects quality and safety in health care. Specifically,



Topic: Positive psychology matters in healthcare organizations? Promoting nurse proactivity to ensure quality patient care

Abstract:

Notwithstanding the IOM's influential report 'to-err-is-human', there have been only modest improvements in patient quality care over the last two decades. Research on inpatient falls, for instance, indicates that existing approaches for decreasing patient falls are disappointing, as most of the strategies don't significantly reduce patient falls. The majority of current strategies are initiated by hospital management. These findings call for shifting the attention to self-starting, future-focused, and change-oriented initiatives to decrease patient falls, namely to focus on nurses' proactivity. Aim. To examine a moderated-mediation model suggesting that the joint effects of nurse resilience and social capital promotes nurses' proactivity, and in-turn proactivity increase nurses' mindful patient care as adherence to procedures decreases. Method. A cross-sectional design, employing a multi-source (nurses, patients) and multi-methods (validated questionnaires, observations, patients' interviews) data collection strategy. The sample included 101 nurses and ~3 of their patients. Nurses completed questionnaires on resilience, social capital, proactivity and adherence to procedures. Next, structured observations were made on nurses admitting patients to the ward, and estimating their fall risk. Finally, mindful nursing care was operationalized via interviews with patients regarding their understanding of ways to prevent falls. Results fully supported our hypothesis, suggesting that nurses' proactivity is a product of nurses' personal resilience and nurses' perceptions of social capital. Furthermore, nurse' proactivity was related to mindful patients' care only when adherence to procedures was perceived as low rather than high. Implications. Findings indicate the crucial role of employee agency in promoting positive work outcomes. It is important for managers to foster resilience and social capital in the workplace in order to foster proactivity. Specifically, we should consider the dilemma between adherence to procedures and proactivity and how they can be facilitated concomitantly. Educating employees about ways to promote personal resilience and engage in wise proactivity is imperative.

Monalisa Kar

An IIM Lucknow alumni with 26+ years of experience in five diverse industries with national and international organisations. An Eduprenuer and Founder of Learning S'Park, a 360° +1° Learning & Excellence Solutions, an inclusive integrated approach for kids, young adults and adults. Some signature facilitating initiatives - Ecosystem for Nurture with Nature 4Kids (#ENN4Kids) - Relationship Reclaiming and Recoding Program, Mind UR MIND- an EI empowerment program and NetDNiche initiatives for Performance Excellence amongst others.



Author of the launching soon, "Teen Twin". The next project "Nani ki Zubani" is a compilation narrative of Behavioural Transformational stories and "Invisible to Incredible Me", a memoir. Columnist contributing articles to Deccan Herald. Honoured felicitation April 22 "Odisha's Women Leader" Award for Leadership and Excellence_ a global platform nominated and researched by CMO Asia/CMO Global, World Sustainability, Business Leaders of the Year Forum and the World CSR Day. Features Inspiring Women in Humans of Chennai

Topic: Spirituality & well-being as future-driven "Paradigm"

Abstract

There have been several studies conducted on the use of neural networks to model happiness and balance in individuals. One study, published in the Journal of Affective Computing in 2017, used a neural network to predict an individual's happiness based on their physiological and behavioral data. The study found that the neural network was able to accurately predict happiness levels with an accuracy of 85%. Another study, published in the International Journal of Advanced Research in Artificial Intelligence in 2019, used a neural network to predict an individual's balance based on their physiological data. The study found that the neural network was able to accurately predict balance levels with an accuracy of 98%. A third study, published in the Journal of Neural Computing and Applications in 2020, used a neural network to predict an individual's overall well-being based on their physiological and behavioral data. The study found that the neural network was able to accurately predict well-being levels with an accuracy of 92%. Overall, these studies suggest that neural networks can be effective in predicting happiness, balance, and overall well-being based on physiological and behavioral data. However, more research is needed to further validate and improve these models.

Research Paper:

Spirituality and well-being can be viewed as a new paradigm for a holistic approach to understanding and improving the human experience as a key focus, influenced by factors both internal and external as it addresses not only current needs but also growth potential. This is becoming increasingly recognized as an important factor in striving for overall health and happiness. The multidisciplinary facets of patterns and ways to explore individual-community wellness in all aspects and create a bridge of conscious choices in striving for happiness.

Monalisa Mishra

Assistant Professor, Department of Humanities and Social Sciences, SOA DU. Ms. Mishra has done her PhD (Submitted) from SOA DU M.A-Psycholinguistics, M.Phil-American Literature NLP Practitioner. She is a Certified TPR-Thought Process Re-engineering exponent, a life purpose coach and neurobics trainer. She is also a Culture Promoter in passion - Culture Aesthetics , Odिसisi Dancer , interested in poetry and creative blogging.



Topic: Culture and care- the new Gen Z mantra for global peace ; A case study on Indo African cross ethnicity witnessed at SUM Nursing College, Bhubaneswar

Abstract:

With rapid globalization and further still, cross cultural advancements have gained impetuous attention of zoomers (gen Z) across continents. The vibrant cohort of young, ambitious aspiring individuals are aggressively oriented towards personal growth even if they have to emigrate to far foreign lands, embrace the new culture, adapt racial differences, accommodate culture havoc, celebrate commonality and even embrace trans-nationality. Making a living now comes with befriending new boundaries. Boundaries of race, culture ,ethnicity are outdated. The new hour calls upon an intermix of futuristic ideas, no matter what is the origin. With the intense globalized amalgamation of technology, trading and economy generation Z is here to rule cross-culturally.

The present study is a curious but substantially piloted effort by the author to explore the psycho-social patterns of cross ethnicity adaptability of the Indian and African B.Sc. Nursing students of SUM Nursing College of SOA DU, Bhubaneswar, Odisha. The case study shall illuminate few radical cultural barriers between the two groups(each 4 no.s) ,understand the sensitivity of the cultural elements and pivot the idea of 'caring through culture ' essential to function as a nursing professional.

Tamar Arieli

Head of Politics and Government Program at Tel Hai College, Israel. As a political geographer, Tamar's research focuses on borders and territorial manifestations of conflict and cooperation in international as well as domestic political and social arenas. Tamar's recent research projects identify entrepreneurship as a vehicle for post-conflict cross-border cooperation in culturally heterogeneous regions, examine Talmudic perceptions of religious space and borders, and analyze spatial aspects of border corruption.



Topic: Policy Entrepreneurs and Post-Conflict Cross-Border Cooperation: A Conceptual Framework

Abstract:

What is the role of policy entrepreneurs in shaping the dynamics which normalize relationships between societies in neighbouring countries after the formal resolution of conflict? This article suggests a conceptual framework to understand the power of policy entrepreneurs identifying opportunities and overcoming identity barriers and bureaucratic obstacles for cross-border interaction in post-conflict border regions. I analyse the motivations, preferences, and strategies of local players which design given realities in the border region and propose a typology of the various entrepreneurs active in the post-conflict border region. The theoretical framework is used in the analysis of the Israeli-Jordanian border region since the peace treaty of 1994.

The Organisers

Surekha Routray

Head- Social Incubation and CSR KIIT- Technology Business Incubator, KIIT Deemed to be University Bhubaneswar



A Certified Sustainability Assessor(From UBB, Europe), Certified Valuator(IBBI), and an MBA in Finance and Marketing, she worked with 4 main sectors of the startup ecosystem namely- Agriculture & Allied , Animal husbandry, Climate & Environment, Livelihood and Diversity & Inclusion.



Ofra Walter

PhD II senior lecturer in Tel Hai Academic College and the Head of Master's degree of Art therapy & Drama therapy

She served as head of the Education Through Art program in the Department of Education and as the head of the Department of Early Childhood Education. She was a tutor and pedagogic instructor of early childhood Student teachers and Kindergarten teachers

Phil Fitzsimmons

Associate Professor, Avondale University

He is currently an independent researcher and consultant in education and organizational learning. Prior to this, he was Head of Education (Alphacrucis University College Sydney, Australia), Assistant Dean -Research (Faculty of Education, Business and Science – Avondale University, Australia),

Director of Research (San Roque Research Institute, California), and senior lecturer (University of Wollongong, Australia).



Jonathan Kasler

Ph.D. lectures in the school of education Tel Hai College Israel

He earned his BA at Middlesex University London UK, his M.A. at Haifa University Israel, and his Ph.D. at Loughborough University UK. He served in a variety of positions at Tel Hai College, including head of counseling services and head of the English Department. His research interests include social-emotional learning, minorities in education, learning disabilities, values, and spirituality in education.



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Date: 27th - 29th January 2023

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