

CURRICULUM VITAE

1. Personal Details

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<https://www.researchgate.net - Itamar Yehuda>

<https://scholar.google.com - Itamar Yehuda>

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2. Higher Education

a. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
2003-2006	Tel-Hai Academic College, Faculty of Sciences and Technology	B.Sc.	2006
2006-2008	Hebrew University of Jerusalem, Institute of Biochemistry, Food Science and Nutrition	M.Sc. as part of doctoral studies (direct track)	2008
2008-2015	Hebrew University of Jerusalem, Institute of Biochemistry, Food Science and Nutrition	Ph.D. Direct doctoral track	2016

3. Academic Ranks and Tenure in Institutes of Higher Education

Years	Name of Institution and Department	Rank/Position
2006-2008	Tel-Hai Academic College, Department of Nutrition Sciences	Teaching Assistant
2008-2015	Tel-Hai Academic College, Department of Nutrition Sciences	Assistant
2015-2021	Tel-Hai Academic College, Department of Nutrition Sciences	Academic Staff Member - Amit B
2015-Present	Shamir Research Institute, Educational R&D Unit	Researcher
2021-Present	Tel-Hai Academic College, Department of Nutrition Sciences	Lecturer

4. Offices in Academic Administration

Years	Name of Institution and Department	Rank/Position
2022-Present	Shamir Research Institute	Head of the Educational R&D Unit

5. Scholarly Positions and Activities outside the University

Years	Reviewing for Refereed Journal
2019	Journal of Interactive Learning Environments (Q1 Education)
2021	Journal of Clinical Medicine (Q1 Medicine)
2022	Journal of American College Health (Q1 Medicine)

6. Active Participation in Scholarly Conferences

a1. International Conferences - Held Abroad

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
Aug. 2016	The 8 th Biennial Conference of EARLI SIG 1: Assessment & Evaluation	Munich, Germany	The question of the effectiveness of the pre-academic program: Evaluation study	Poster lecturer
Aug. 2019	The 18 th Biennial Conference of EARLI	Aachen, Germany	Evidence informed practice: Critical thinking and question-posing skills in a PBL environment	Poster lecturer
Aug. 2019	The 18 th Biennial Conference of EARLI	Aachen, Germany	Implementing pedagogical innovation- A multiple case study approach	Lecturer
Aug. 2021	The 19 th Biennial Conference of EARLI	Belgium (Virtual Conference due to COVID 19 pandemic)	Pedagogical Assessment: Relationships between Space, Active Learning, and High-order Thinking Skills	Lecturer
June. 2022	The SIG 1 & 4 Joint Conference of EARLI	Cadiz, Spain	A Pedagogical Methodology for Assessing Innovative Learning Environments	Lecturer
Sep. 2022	The SIG 10, 21 & 25 Conference of EARLI	Belgrade, Serbia	Dealing with Diversity: Universal Design for Learning in Innovative Learning Spaces	Lecturer
Aug. 2023	The 20 th Biennial Conference of EARLI	Thessaloniki, Greece	Leading the School Change: Leadership Patterns and Implementation of Best Pedagogical Practices	Lecturer

a2. International Conferences - Held in Israel

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
Sep. 2008	The Annual 14 th International Conference of the Company for the Prevention and Treatment of Atherosclerosis	Eilat	The potential use of phytoestrogens in the regulation of the cellular antioxidant defense system under glucose stress	Lecturer
Feb. 2011	ILANIT / FISEB. Federation of all the Israel Societies for Experimental Biology	Eilat	Glabridin, a phytoestrogen from licorice root, up-regulates paraoxonase 2 under glucose stress	Poster lecturer
Feb. 2014	ILANIT / FISEB. Federation of all the Israel Societies for Experimental Biology	Eilat	The Effect of a Glabridin Supplement on the Antioxidant Defense System in Mouse Offspring of Mothers Fed a Saturated Fatty Acid	Poster lecturer
June. 2021	The IAIE 2021 Intercultural Education in an Age of Information and Disinformation Conference	Virtual Conference due to COVID 19 pandemic	Pedagogical assessment of innovative learning environments	Lecturer
June. 2023	The 8 th International Conference on Teacher Education Passion and Professionalism in Teacher Education	MOFET Institute, Tel-Aviv	Collaborations between Students: Motivation and Personal Responsibility for Learning	Lecturer

a3. Local Conferences

Date	Name of Conference	Place of Conference	Subject of Lecture/Discussion	Role
Feb. 2009	The 5 th Migal Conference	Tel-Hai Academic College	The effect of Glabridin (phytoestrogen from licorice root, Glycyrrhiza glabra) on the regulation of the Paraoxonase 2 enzyme in macrophage and monocyte cells under chronic glucose stress	Lecturer
Oct. 2010	The 1 st Biomedical Conference	Tel-Hai Academic College	Glabridin, a phytoestrogen from licorice root, up-regulates paraoxonase 2 under glucose stress	Lecturer
Feb. 2012	The 8 th Migal Conference	Gonen	Maternal saturated fatty acid diet during pregnancy increases the risk for the development of cardiovascular disease in the mouse offspring	Lecturer
May. 2019	National conference - Design of innovative educational spaces	Tel-Hai Academic College	Universal Design of Learning (UDL) environments: an assessment study at the 'Shorashim' inclusive school	Lecturer
Dec. 2021	The Israeli Annual Geographic Association no. 62	Tel-Hai Academic College	Loneliness, Malnutrition and Change in Subjective Age Among Older Adults During COVID-19 Pandemic	Lecturer
Oct. 2022	Connecting action and research in education	Ben-Gurion University of the Negev	Academy-community partnership to design a city pedagogy	Lecturer

b. Organization of Conferences or Sessions

Date	Name of Conference	Place of Conference	Subject of Conference/Comments	Role
May. 2019	National conference - Design of innovative educational spaces	Tel-Hai Academic College	Design of innovative educational spaces	Member of the organizing team

7. Research Grants**a. Grants Awarded**

Role in Research	Other Researchers (Name & Role)	Title	Funded by (C= Competitive Fund)	Amount	Years
PI	Dr. Adi Vitman-Schorr - CI Prof. Shmuel Shamai - CI Prof. Snait Tamir- CI Prof. Dani Berkovich - CI	Effect of family and genetics-based lifestyle and nutrition intervention in patients with obesity and/ or obesity related diseases	Ministry of Science and Technology (C)	250,000 NIS	2017-2020
CI	Dr. Irit Sasson - PI	Evaluation of the pedagogical reforms in schools	The Golan Regional Council	1,085,000 NIS	2014-2022
CI	Dr. Irit Sasson - PI	Evaluation of the program to extend the school day	Gamla School, Katzrin	53,500 NIS	2016-2018
CI	Dr. Irit Sasson - PI	Evaluation of the pedagogical reform in school	'Mevo HaGalil' School	180,000 NIS	2018-2021

CI	Dr. Irit Sasson - PI	Evaluation of the pedagogical reform in school	Kaduri school	200,000 NIS	2019-2022
CI	Dr. Irit Sasson - PI, Dr. Anat Ben-Gal - CI	Evaluation of the pedagogical reforms in schools	Harish Council	800,000 NIS	2019-2022
PI	Dr. Adi Vitman-Schorr - CI Prof. Shmuel Shamai - CI Prof. Snait Tamir - CI	Effect of weekly personal phone intervention for a healthy lifestyle on depression and loneliness among adults in crisis situations (Corona as a Case Study)	Tel-Hai Academic College (C)	20,000 NIS	2020-2021
CI	Dr. Irit Sasson - PI, Dr. Anat Ben-Gal - CI	Evaluation of the pedagogical reform in school	MEYTARIM school, Raanana	232,500 NIS	2020-2022
CI	Dr. Irit Sasson - PI Dr. Yotam Hod - CI	Research centered-design practice partnerships as a means to promote transfer skills. Among in-service teachers	Tel-Hai Academic College (C)	20,000 NIS	2021-2022
PI	Dr. Anat Ben-Gal - CI	Evaluation of the effectiveness of "Village Way" Educational Approach	Yemin Orde Education Initiatives	250,000 NIS	2022-2023
PI	Dr. Merchi Edry – CI	Evaluation of the pedagogical reforms in schools	“The Golan Spirit” Association	160,000 NIS	2022-2023

CI	Prof. Irit Sasson – PI, Dr. Ester Sarusi - CI, Dr. Ayala Cohen - CI, Dr. Anat Ben-Gal - CI, Dr. Doniat Cohen - CI, Liz Dovrat - CI, Avital Zohar - CI	The relationship between pedagogical design elements of online courses, lecturer and student characteristics, and educational outcomes: towards designing a college policy to integrate online courses	The Higher Education Council (C)	124,845 NIS	2022-2024
PI	Prof. Irit Sasson - CI	Evaluation of the pedagogical reforms in schools	Harish Council	270,000 NIS	2023
PI	Prof. Irit Sasson - CI	Evaluation of the pedagogical reform in school	MEYTARIM school, Raanana	164,500 NIS	2023
PI	Dr. Mercedes Edri - Co-PI, Dr. Adi Vitman-Schorr - CI	The relationship between participation in formal leisure activities and various aspects of well-being among older adults	Shamir Research Institute & Tel-Hai Academic College (C)	20,00 NIS	2023-2024
CI	Dr. Anat Ben-Gal - PI	The effectiveness of the Hosan Center's operations in the areas of community mental well-being in the city of Sderot	Tel-Hai Academic College (C)	15,000 NIS	2023-2025

b. Submission of Research Proposals – Not Funded

Role in Research	Other Researchers (Name & Role)	Title	Funded by (C= Competitive Fund)	Years
CI	Prof. Shmuel Shamai - PI, Dr. Irit Sasson - Co-PI, Dr. Ayala Cohen - CI, Dr. Orly Ganany - CI, Dr. Adi Vitman - CI	From practice to policy - Promoting gender equality in Israel	Ministry of Science and Technology (C)	2017
CI	Dr. Irit Sasson - PI, Dr. Naama Bar-On - Co-PI	The question of measurement and evaluation in science centers - Designing a logic model	Ministry of Science and Technology (C)	2017
CI	Dr. Adi Vitman- Schorr PI, Prof. Shmuel Shamai – CI, Prof. Snait Tamir- Co- CI	The relation between dairy products consumption, dietary patterns, lifestyles and health among Jews and Druze older adults	Ministry of Health (C)	2017
PI	Prof. Snait Tamir- CI Dr. Irit Sasson - CI	Evaluating the effectiveness of a school and family-based intervention program to promote a healthy lifestyle	Ministry of Science and Technology (C)	2018
CI	Dr. Irit Sasson - PI, Dr. Shirley Miedijensky - CI, Dr. Yael Grinstain - CI	Promoting community leadership and regional development through partnership-	Ministry of Science and Technology (C)	2018

		centered school improvement processes		
CI	Dr. Irit Sasson - PI	The question of measurement and evaluation in science centers – Designing a logic model	Ministry of Science and Technology (C)	2018
CI	Dr. Irit Sasson - PI, Dr. Shirley Miedijensky - CI,	The 'ICT Sandbox' as a technology-rich preschool environment - Developing curiosity and social interaction	ISF (C)	2019
CI	Dr. Irit Sasson - PI, Dr. Shirley Miedijensky - CI, Dr. Mercedes Edri - CI, Dr. Anat Ben-Gal - CI	Characteristics of Self-determination in online learning during the COVID 19 pandemic among elementary and middle school students - inhibition and promotion factors	Ministry of Education (C)	2021
CI	Dr. Irit Sasson - PI, Dr. Shirley Miedijensky - CI, Dr. Mercedes Edri - CI, Dr. Anat Ben-Gal - CI	Professional development of middle and high schools' teachers for online teaching: Characteristics, perceptions, and contributions	Ministry of Education (C)	2021

CI	Dr. Irit Sasson - PI, Dr. Shirley Miedijensky - CI, Dr. Mercedes Edri - CI, Dr. Anat Ben-Gal - CI	Learning space consciousness: Observing pedagogical behaviors in learning spaces through the lens of consciousness	Shamir Research Institute & Tel-Hai Academic College (C)	2021
CI	Dr. Irit Sasson - PI, Dr. Orit Oved - CI	Evaluation of a city process for implementing an innovative assessment model focused on learning skills	Ministry of Education (C)	2022

8. Teaching

a. Courses Taught in Recent Years

Years	Name of Course	Type of Course Lecture/Seminar/ Workshop/ Online Course/ Introduction Course (Mandatory)	Level	Number of Students
2006-2008	Organic Chemistry	Laboratory	Bachelors degree	150
2006-2008	Principles of Food Preparation	Laboratory	Bachelors degree	80
2006-2017	Theoretical Biochemistry	Practicum	Bachelors degree	150
2006-2019	Human Nutrition	Lecture	Bachelors degree	80
2006-present	Human Nutrition	Laboratory	Bachelors degree	80
2008-present	Scientific Writing	Lecture	Bachelors degree	40

2008-2020	Biochemistry	Laboratory	Bachelors degree	150
2015-present	Principles of Human Nutrition	Practicum	Bachelors degree	40
2019-present	Nutritional Bioenergetics	Lecture	Bachelors degree	80

PUBLICATIONS

A. Ph.D. Dissertation

Title: Effect of glabridin, an isoflavan from licorice root, on the antioxidant defense system and anti-atherogenic factors under high glucose, in vitro and in vivo

Date of submission: February 2016

Number of Pages: 83

Language: English

Name of Supervisor: Prof. Zecharia Madar and Prof. Snait Tamir

University: The Hebrew University of Jerusalem

Publications related to the thesis work: #12, #13, #14

B. Articles in Refereed Journals

Published

* **Contributed equally to the study.**

1. Vitman Schorr, A., **Yehuda, I.**, & Mor, R. (2023). The protective role of group activity prior to covid-19 pandemic quarantine on the relation between loneliness and quality of life during covid-19 pandemic. *Int. J. Environ. Res. Public Health*, 20(19), 6897. (Q1 Public Health, SCOPUS CiteScore=5.40)
2. Sasson, I., & **Yehuda I.** (2022). Redesigning the Learning Environment: Student Motivation and Personal Responsibility for Learning. *Current Psychology*, 42, 31251-31262. <https://doi.org/10.1007/s12144-022-04140-5>. (Q2, General Psychology, SCOPUS CiteScore=3.4)
3. Sasson, I., Grinstein, Y., Ayali, T., & **Yehuda, I.** (2022). Leading the school change: The relationships between organizational, personal, and pedagogical aspects. *International Journal of Leadership in Education*. DOI: [10.1080/13603124.2022.2068187](https://doi.org/10.1080/13603124.2022.2068187). (Q1 Education, SCOPUS CiteScore=2.80)

4. Sasson, I., **Yehuda, I.**, & Miedijensky, S. (2022). Innovative learning spaces: class management and universal design for learning. *Learning Environments Research*, 25(3), 725-739. (Q1 Communication, SCOPUS CiteScore=5.20)
5. Sasson, I., **Yehuda, I.**, Miedijensky, S., & Malkinson, N. (2022). Designing new learning environments: An innovative pedagogical perspective. *The Curriculum Journal*, 33(1), 61-81. (Q2 Education, SCOPUS CiteScore=3.30).
6. Vitman Schorr, A*., **Yehuda, I*.**, & Tamir, S. (2021). Ethnic differences in loneliness, depression, and malnutrition among older adults during COVID-19 quarantine. *J Nutr Health Aging*, 25(3):311-317. (Q1 Geriatrics and Gerontology, SCOPUS CiteScore=6.80)
7. Vitman Schorr, A*., **Yehuda, I*.**, & Tamir, S. (2021). Loneliness, malnutrition and change in subjective age among older adults during COVID-19 pandemic. *Int J Environ Res Public Health*, 18(1):106. (Q1 Public Health, SCOPUS CiteScore=4.50)
8. Miedijensky, S., Sasson, I., & **Yehuda, I.** (2021). Teachers' learning communities for developing thinking skills - A case study of school pedagogical change. *Interchange*, 52(4), 577-598. (Q2 Education, SCOPUS CiteScore=1.10)
9. Gudban, N*., Yehuda, I*., Tamir, S., & Blum, A. (2021). Effect of Telemedicine Dietary Intervention for Endothelial Function in Patients with Type 2 Diabetes Mellitus on Mediterranean Diet. *IMAJ*, 23(2):89-93. (Q2 General Medicine, SCOPUS CiteScore=1.90)
10. Adawi, M., Abu-Gabel, T., Sabbah, F., **Yehuda, I.**, Tamir, S., & Blum, A. (2020). Vascular reactivity of adult-onset systemic Lupus erythematosus patients. *IMAJ*, 22(6): 348-351. (Q2 General Medicine, SCOPUS CiteScore=1.60)
11. Adawi, M., Sabbah, F., Tzischinsky, O., Blum, N., Luigi Bragazzi, N., **Yehuda, I.**, Tamir, S., Romanenko, O., & Blum, A. (2020). Sleep disorders and vascular responsiveness in patients with rheumatoid arthritis. *J Intern Med*, 288(4):439-445). (Q1 Internal Medicine, SCOPUS CiteScore=13.00)
12. Sasson, I., **Yehuda, I.**, & Malkinson, N. (2018). Fostering critical thinking and question-posing skill in an innovative learning environment. *Thinking Skills and Creativity*, 29: 203-212. (Q1 Education, SCOPUS CiteScore=2.70)
13. **Yehuda, I.**, Madar, Z., Leikin-Frenkel, A., & Tamir, S. (2015). Glabridin, an isoflavan from licorice root, down-regulates iNOS expression and activity under high glucose stress and inflammation. *Mol Nutr Food Res*, 59(6): 1041-52. (Q1 Food Science, SCOPUS CiteScore=8.80)

14. **Yehuda, I.**, Madar, Z., Leikin-Frenkel, A., Szuchman-Sapir, A., Magzal F., Markman G., & Tamir, S. (2016). Glabridin, an isoflavan from licorice root, up-regulates paraoxonase 2 expression under hyperglycemia and protects it from oxidation. *Mol Nutr Food Res*, 60(2): 287-99. (Q1 Food Science, SCOPUS CiteScore=8.80)
15. **Yehuda, I.**, Madar, Z., Szuchman-Sapir, A., & Tamir, S. (2011). Glabridin, a phytoestrogen from licorice root, up-regulates manganese superoxide dismutase, catalase and paraoxonase 2 under glucose stress. *Phytother Res*, 25(5): 659-667. (Q2 General Medicine, SCOPUS CiteScore=4.20)