

## CURRICULUM VITAE

### Date:

#### **A. Personal Details:**

Date of birth: Galia Sheffer- Hilel

Date of birth: 09/1964

Country of birth: Israel

Nationality: Israeli

Identity No.: 059086207

Family status: Married +3

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#### **B. Higher Education**

1984-1987 BSc Nutrition Science, The Institute of Biochemistry, Food Science and Nutrition, the faculty of Agriculture, The Hebrew University.

1996-2000 MSc Nutrition Science, The Institute of Biochemistry, Food Science and Nutrition, the faculty of Agriculture, The Hebrew University.

2013-2014 Thesis submitted after conferral of the Master's degree, University of Haifa.

2016-2021 PhD, "The Role of Interdisciplinary Teams in Implementing a New Nutrition - focused Physical Examination Program", Department of Nursing, at the Faculty of Health and Welfare Sciences at the University of Haifa.

#### Appointments at academic institutions

2023 - Present lecturer - Tel Hai College – Nutrition and Food Science department

#### Teaching

1996-2003 – Zaida Nurse School near Bnei Zion hospital – Teaching nutrition and dietetic principles

2001- present - Tel Hai College – Nutrition and Food Science department:

lecturer on classes: "Dietetics", "Human Nutrition", "Nutrition in Aging” ,“Topics on Clinical Nutrition” and "Malnutrition -from theory to practice"

Research Grants

Role in Research	Co-Researchers	Topic	Funded by/ Amount	Year
Dr. Galia Sheffer-Hilel	Prof. Ronit Endevelt	The Role of Interdisciplinary Teams in Implementing a New Program	Tel Hai College 20,000 NIS	2017-2018
Prof. Anat Drach-Zahavy	Dr. Galia Sheffer-Hilel	Effective interdisciplinary teamwork for quality of diabetic care	Haifa University & Tel Hai College 40,000 NIS	2022-2023
Dr. Galia Sheffer-Hilel		Resilience and readiness to handle crisis among dietitians	Tel Hai College 12,500 NIS	2024

Awards

Best Paper Runner-up Award (2021) from 81st Annual Meeting of the Academy of Management (AOM), for the paper: **Sheffer Hilel, G.**, Drach-Zahavy, A., & Endevelt, R. (2021). Team Faultlines, Professional Stereotypes and Leadership in Interprofessional Teams. In Academy of Management Proceedings (Vol. 2021, No. 1, p. 13389). Briarcliff Manor, NY 10510: Academy of Management.

Active Participation in Conferences

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
01/2000	The 17 <sup>th</sup> Meeting of the Israel Diabetes Association	Tel-Aviv	The Impact of Autoantibody Screening of the Diet and Physical Activity of IDDM Family	<b>Oral:</b> <u>Sheffer-Hilel G</u> , Troestler N Vardi p
06/2012	The Israeli Nutrition Week & The AODA Regional Conference	Tel-Aviv	A multidisciplinary program for oral health promotion among elderly living in an assisted living home	<b>Oral:</b> <u>Sheffer-Hilel G</u> , Harrell , Goldman L
05/2015	IAGG-ER 8th Congress	Dublin	Oral health assessment as an integral part of the nutritional assessment”	<b>Oral:</b> <u>Sheffer- Hilel G</u>
02/2018	ISRAEL GERONTOLOGICAL SOCIETY 22th Conference	Tel-Aviv	Innovation in nutritional care as a promoter of a personalized treatment plan	<b>Oral:</b> <u>Sheffer- Hilel G</u> Kachal j, Endevelt R
06/2019	IAGG-ER 9 <sup>th</sup> Congress	Gothenburg Sweden	Oral health status in older adults increases nutrition risk and impacts BMI. The role of the interdisciplinary teams	<b>Oral:</b> <u>Sheffer- Hilel G</u>
06/2021	ICP-32nd international Congress in Psychology	Prague Czech Republic	Leader’s Championship Behaviors, Faultlines and Professional Stereotypes in Interprofessional Teams	<b>Oral:</b> <u>Sheffe- Hilel G</u> , Drach-Zahavy, A., Endevelt R

<b>Date</b>	<b>Name of Conference</b>	<b>Place of Conference</b>	<b>Subject of Lecture/Discussion</b>	<b>Role</b>
06/2021	81st Annual Meeting of the Academy of Management (AOM)	New York	Team Faultlines, Professional Stereotypes and Leadership in Interprofessional Team	<b>Oral:</b> <u>Sheffer- Hilel G,</u> Drach-Zahavy, A., Endevelt R
12/2022	9 Nutrition Leadership Conference Ministry of Health Isreal	Tel- Aviv	To be the champion of the team or not to be? Why is nutritional leadership critical to the quality of care?	<b>Oral:</b> <u>Sheffer- Hilel G,</u>

#### Non-Academic Activity and Positions

11/2008- present - Ministry of Health, Haifa district – Head of nutrition regulation for geriatric institutes.

2021- Awarded as an Outstanding Employee of the Ministry of Health

- Member of national committee for qualification of new dietitians
- Member of national committee for geriatric treatment staff training

6/2001-11/2008 - Flieman Geriatric and Rehabilitation Medical Center – Head of Nutrition Department

3/1989-6/2000 – Lin Medical Center – Nutrition advisor for general patients and in charge of diabetes nutrition treatment for Haifa and Galil districts

#### List of Publications

##### Thesis

- M.Sc. – “The Impact of Autoantibody Screening of the Diet and Physical Activity of IDDM Families”, The Institute of Biochemistry, Food Science and Nutrition, the faculty of Agriculture, The Hebrew University. Supervised by Dr. Noemi Troestler and Dr. Pnina Vardi, 2001

- M.Sc. Thesis - submitted after conferral of the master's degree: " Relationship between sleep patterns and nutritional status among elderly ages 70 and above", University of Haifa Supervised by Prof. Tamar Shohat and Dr. Anna Zisberg, 2015
- PhD Thesis: "The Role of Interdisciplinary Teams in Implementing a New Nutrition - focused Physical Examination Program the University of Haifa. Supervised by Prof. Anat Drach- Zahavy and Prof. Ronit Endevelt, 2021

#### Articles in refereed journals

- Itzhak, B., Minuchin, O., Metuki, A., Eyal, J., Bukay, I., **Hilel-Shefer, G.**, ... & Vardi, P. (2000). A successful strategic implementation of the St. Vincent declaration in Northern Israel. *Diabetes Research and Clinical Practice*, (50), 406 (New Journal N/A, IF 2021=8.18 (Q1))
- Shohat, T., **Shefer-Hilel, G.**, & Zisberg, A. (2016). Relationships between body mass index and sleep quality and duration in adults 70 years and older. *Sleep Health*, 2(4), 266-271. (New Journal N/A, IF 2021=4.2 (Q1)-19)
- **Sheffer-Hilel, G.**, Drach-Zahavy, A., Goldblatt, H., & Endevelt, R. (2021). Dietitians' Change in Practice: A Challenge or a Threat? *Topics in Clinical Nutrition*, 36(3), 189-201 (IF 2021= 0.508, R 2021= Nutrition and Dietetics (SCIE): 84/88 (Q4)- 2)
- **Sheffer-Hilel, G.**, Drach-Zahavy, A., & Endevelt, R. (2022). The Informal Champion's Role in Promoting the Care of Inter-Professional Teams. *Small Group Research*, 10464964221099635(IF 2022= 2.5, R 2021= (SCIE): Psychology, Social 47/ 65 Psychology, Applied 60/ 83 | Management 180 /226 (Q2)-1)
- **Sheffer-Hilel, G.**, Drach-Zahavy, A., & Endevelt, R. (2023). The paradoxical effects of professional stereotypes on the quality of care by interprofessional teams: The contingent effects of team faultlines, team stereotypes, and championship behaviors. *Frontiers in Psychology*. DOI 10.3389 (IF 2022= 4.23, R 2021= (SCIE): Psychology, Multidisciplinary 50/211 (Q1)

Articles in preparation

- "Professional stereotypes in in-vivo interprofessional health care teams collaborating in long-term care facilities: The effects of hetero-stereotypes, auto stereotypes, and stereotype's content "Extension of stereotype content model for the field of health care".
- "The Attitudes and Knowledge of Family Physicians Regarding Malnutrition in The Elderly: A Call for Action"