CURRICULUM VITAE

Current academic status as of September 2026

1. **Full Name**: Ghadir Zreik
2. **Current institutional affiliation**: Tel-Hai; University of Kiryat Shmona in the Galilee
3. **Current academic rank and date of appointment**: Senior Lecturer, 2023.
4. **Academic education**

Degree	Name of Institution and Department	Year of Approval of Degree
Ph.D.	University of Haifa, Developmental Psychology, Center for the Study of Child Development	2015
M.A.	University of Haifa, Clinical-Educational Psychology	2007
B.A. B.A.	University of Haifa, Psychology University of Haifa, Human Services	2005

5. **Research fields**

- Early Development of Social Orientations and Attitudes
- Attachment and Parenting
- Emotion Regulation and Psychological Well-Being

6. **Peer-reviewed publications, 2021–2026**

Reifen-Tagar, M., **Zreik, G.**, Cimpian, A., & Shenhav, S. (2026). The emergence of political orientation: Authoritarian and social dominance attitudes in early childhood. *Journal of Experimental Psychology: General, 155*(1), 247–260.

Zreik, G., Haimov, I., & Szepsenwol, O. (2025). Parental childhood adversity and emotional functioning: Associations with child's emotion regulation. *Family Relations*, 74 (1), 144-162.

Ariav-Paraira, I., Oppenhiem, D., Sagi-Schwartz, A & **Zreik, G**. (2023). Disrupted maternal communication and disorganized attachment in the Arab

society in Israel. *Infant Mental Health Journal*. 44, 335-347.

Zreik, G., Asraf, K., Haimov, I., & Tikotzky, L. (2022). Maternal insomnia and depressive symptoms and early childhood sleep among Arab and Jewish families in Israel. *Sleep Medicine*, *100*, 262-268.

Zreik, G., Golden, D.& Oppenhiem, D. (2022). Challenges of mothering in extended families: The case of Israeli Palestinian mothers, *Journal of Cross Cultural Psychology, 53,*626-642.

Zreik, G., Asraf, K., Tikotzky, L., & Haimov, I. (2021). Maternal sleep related cognitions and child sleep quality: a cross-cultural comparison between the Arab and Jewish societies in Israel. *Sleep Medicine*, *81*, 218-226.

7. **Selected earlier publications:**

Zreik, G., Asraf, K., Tikotzky, L., & Haimov, I. (2020). Maternal perceptions of sleep problems among children and mothers during the COVID-19 pandemic in Israel. *Journal of Sleep Research,30,* e13201.

Zreik, G., Asraf, K., Tikotzky, L., & Haimov, I. (2020). Sleep ecology and sleep patterns among infants and toddlers: a cross-cultural comparison between the Arab and Jewish societies in Israel. *Sleep Medicine*, *75*, 117-127.

Dan, O., **Zreik, G.,** & Raz, S. (2020). The relationship between individuals with fearful-avoidant adult attachment orientation and early neural responses to emotional content: An event-related potentials (ERPs) study. *Neuropsychology*, *34*(2), 155.

Tarabeh, G., **Zreik, G**., Oppenhiem, D., Sagi-Schwartz, A & Koren-Karie, N. (2019). Maternal Mind-mindedness and its association with attachment: The case of Arab infants and mothers in Israel, *Attachment and Human Development*, *21* (6),571-581.

Zreik, G., Oppenhiem, D., & Sagi-Schwartz, A. (2017). Infant attachment and maternal sensitivity in the Arab minority in Israel. *Child Development*. 88 (4), 1338-1349**.**

Mesman, J., van IJzendoorn, M., Behrens, K., Carcamo, R., Carbonel, O., Cohen-Paraira, I., …**Zreik, G**., (2016). Is the Ideal Mother a Sensitive Mother? Beliefs about Early Childhood Parenting in Mothers across the

Globe. *International Journal of Behavioral Development,40 (5), 385-397*.

8. Competitive research grants, 2021–2026

Grants Awarded

Role in Research	Co-Researchers	Topic	Funded by\Amount	Year
PI	prof. Reifen-Tagar, Reichman University	The Development of Ideological Orientation in Early Childhood	**ISF**-Israeli Science foundation. 4 years funding	2024

9. M.A. and Ph.D. supervision experience

Supervision of Ph.D. Students

Name of student	Title of thesis	Degree	Date of completion \in progress	Co-supervisor
Omri Mer	The Emergence of Ideological Intolerance in Early Childhood	Ph.D.	In progress	Member of PhD. Committee, Reichman University
Laila Warwar	The Association between Maternal Sensitivity in Infancy and the Quality of Mother-Child Interaction in Childhood: A Longitudinal Study Among the Arab society in Israel	Ph.D.	Submitted, 2025	Prof. Nina Koren-Karie, University of Haifa
Soheir Awais	Maternal Insightfulness Regarding the Child's Inner World and its Association with Infant Attachment: The case of Muslim mothers from the Arab society in Israel	Ph.D.	Submitted, 2025	Prof. Nina Koren-Karie, University of Haifa
Hila Lev-Ran Hotem	The Relationship between the Lactation Consultant and the Mother, and the Relationship between the Mother and the Infant: A Therapeutic Alliance, Emotional	Ph.D.	In progress	Member of PhD. Committee,

	Availability, and the Mother's Perception of her Parental Self-Efficacy			University of Haifa

Supervision of M.A Students

Name of student	Title of thesis	Date of completion\in progress	Degree	Co-supervisor
Michal Bern	Association between parental playfulness and their children's emotional regulation: a systematic review	2025	MA (without a thesis) Educational Psychology, Max Stern College	
Zynab Zoabi	The Impact of Exposure to Community Violence on Emotion Regulation, Emotional Distress, and the Tendency Toward Risky Behaviors Among Adolescents	2025	MA (without a thesis) Educational Psychology, Max Stern College	
Julie Shaer	Parental Mentalization, Emotion Regulation and Sleep Quality among Infants	2024	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov, Max Stern College
Gai Tzinker	The Association between Attachment Style and Emotion Regulation Strategies Among Adolescents	2024	MA (without a thesis) Educational Psychology, Max Stern College	
Avishag Ashri	Parenting Style, Coping with Children's Negative Emotions and Child's Emotion Regulation	2023	MA (without a thesis) Educational Psychology, Max Stern College	
Oreya Dahan	Examining Emotional Aspects of Parental Coping and its Association with Emotion Regulation and Mental Well-Being of their Children During the COVID-19 Pandemic	2023	MA (without a thesis) Educational Psychology, Max Stern College	
Natalie Vaknin	Smartphone use, Impulsivity and Sleep Among Adolescents	2022	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov and Prof. Ohad Szepsenwol, Max Stern College

Yael Basa	Parenting Style, Parental Soothing Bed Time Strategies and Infants` Sleep Quality	2022	MA (without a thesis) Educational Psychology, Max Stern College	Prof. Iris Haimov, Max Stern College
Amani Merei	Knowledge and Attitudes towards ADHD among Elementary School Teachers in Israel: Cross-Cultural Comparison.	2022	MA thesis - Educational Psychology, Max Stern College	Prof. Ori Dan Max Stern College
Carmel Israeli	Maternal Mentalization and Child`s Sleep: Emotion Regulation and Anxiety Levels as a Mediator	2022	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov and Prof. Ohad Szepsenwol Max Stern College
Jouna Bishara	The Associations between Parenting Style, Cigarette Smoking and Sleep Patterns Among Adolescents	2022	MA (without a thesis) Educational Psychology, Max Stern College	Prof. Iris Haimov Dr. Ami Cohen Max Stern College
Razan Nuseir	Fathers' Involvement in Infant`s sleep	2021	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov, Max Stern College
Chen Lary	The Association between Infant Sleep Quality and Parental Bedtime Soothing Behavior, among Arab and Jewish Parents in Israel	2021	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov, Max Stern College
Samah Mahamid	Autonomy Support in Middle Childhood: Association with Attachment Patterns in Infancy	2021	MA thesis – Social Work, University of Haifa	Prof. Nina Koren-Karie, University of Haifa
Souad Awad	Emotional Communication between Children and their Mothers among the Arab society: Association to Attachment Patterns in Infancy	2021	MA thesis – Social Work, University of Haifa	Prof. Nina Koren-Karie, University of Haifa
Slam Elour	Maternal Reflective Function and Maternal Insightfulness, among Arab Mothers is Israel	2021	MA thesis – Social Work, University of Haifa	Prof. Nina Koren-Karie, University of Haifa
Shira Ginat	The Association between Infant Sleep Arrangement	2020	MA thesis - Educational	Prof. Iris Haimov, Max Stern College

	and Parental Sleep Cognition, among Arab and Jewish Parents in Israel		Psychology, Max Stern College	
Nabiha Abu-Younes	Mother-Child Attachment Relationship in Middle Childhood among Arabs in Israel	2020	MA thesis – Social Work, University of Haifa	Prof. Nina Koren-Karie, University of Haifa
Tania Faraj	Maternal Sleep-Related Cognitions among Mothers in the Arab and Jewish societies in Israel and the Association to Infant's Sleep Quality	2019	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov- Max Stern College
Lina Danial	Maternal Sleep-Related Cognitions and Infant Sleep in the Arab Society in Israel	2019	MA thesis - Educational Psychology, Max Stern College	Prof. Iris Haimov, Max Stern College

10. International collaborations

- **Prof. James J. Gross, Stanford University –** Research collaboration on emotion regulation, examining how specific emotion regulation strategies influence psychological well-being among Arab and Jewish adolescents and their mothers.
- **Prof. Andrei Cimpian, New York University (NYU) –** Research collaboration on the early development and expression of social orientations, with a focus on authoritarianism and Social Dominance Orientation and their behavioral consequences.
- **Prof. Katherine McAuliff, Boston College –** Research collaboration examining children's perceptions of strategies for resolving intergroup conflicts, through a cross-cultural comparison of children in Israel, the United States, and Northern Ireland.

11. Academic and professional service

Certification	Year	Certified by
Certified Clinical Psychologist	2012	Ministry of Health

- Private practice: Psychological and developmental assessments, Dyadic Parent-Child Psychotherapy, psychotherapy for children, adolescents and adults
- 2025- Leading researcher, Elbyader Organization – working for economic and social development in the Arab society in Israel
- 2025 - Research fellow, Israel Center for Addiction and Mental Health (ICAMH), Hebrew University

- 2024- Counselor for day-care caregivers, Ministry of Labor and the Joint Foundation
- 2023-2024- Counselor for therapists working with Arab families in the Negev on trauma related care following the October war. Ministry of Health and the Joint Foundation
- 2019-2023: Member of the expert advisory committee to Israel's Ministry of Education on the rights of students with learning disabilities

- **Certifications in Developmental Assessments:**
- **2021-present:** Participant at the Stanford Psychophysiological lab, Prof. James Gross.
- **2012:** Maternal Behavior Q-sort-MBQS, University of Western Ontario, Canada
- **2010:** Strange Situation Procedure, University of Minnesota, Minneapolis.
- **2008-**VIPP-SD: Video-feedback intervention to promote positive parenting and Sensitive Discipline, Leiden University, Netherland.