Name: Meyran Boniel-Nissim

CURRICULUM VITAE

Higher Education

a. Undergraduate and Graduate Studies

Period of Study	Name of Institution and Department	Degree	Year of Approval of Degree
March 2007– January 2010	University of Haifa, Counseling & Human Development, Dept. of Education	PhD.	2010
October 2006– September 2008	University of Haifa, Dept. of Educational Counseling (direct track to PhD) - magna cum laude	MA	2008
October 2005– September 2008	University of Haifa, Dept. of Education	B.Ed.	2009
October 2000– September 2003	University of Haifa, Dept. of Educational Counseling & Hebrew Literature - magna cum laude	BA	2003

b. Post-Doctoral Studies

Period of Study	Name of Institution and Department/Lab	Name of Host	Year of Completion
January 2012 – July 2013	The Health Behaviors of School-aged Children (HBSC). The research program belongs to the World Health Organization (WHO). It is carried out in almost 50 countries across Europe, the Middle East and Canada. The Israeli team is at the School of Education, Bar-Ilan University.	Prof. Yossi Harel-Fisch	2013

Offices in Academic Administration

Years	Name of Institution and Department	Role
October 2025 - September 2026	Presidential Advisor for Gender Equity, Max Stern Academic College, Emek Yezreel	Advisor
October 2025 - September 2026	Research Committee, Max Stern Academic College, Emek Yezreel	A committee member
May 2024 October 2025	Ethics Committee, Max Stern Academic College, Emek Yezreel	A committee member
October 2023 – September 2026	The Committee for Gender Equity, Max Stern Academic College, Emek Yezreel	A committee member
October 2023 – September 2026	MA thesis Committee, Department of Educational Counselling, Max Stern Academic College, Emek Yezreel	A committee member
October 2022 – September 2024	Library Committee, Max Stern Academic College, Emek Yezreel	A committee member
October 2022 – September 2026	Final Project Committee, Department of Educational Counselling, Max Stern Academic College, Emek Yezreel	A committee member
October 2020 – September 2022	Research Committee, Kinneret Academic College	A committee member
October 2018 – September 2022	Kinneret Institute for Bullying Studies	Head researcher
October 2017 – October 2019	Behavioral Sciences Department, Kinneret Academic College	Head of the Department
June 2016 – September 2022	Teaching Committee, Kinneret Academic College	A committee member
October 2015 – October 2017	Behavioral Sciences Department, Kinneret Academic College	An academic counsellor
November 2014 – October 2020	Ethics Committee, School of Social Sciences and Humanities, Kinneret Academic College	A committee member
January 2013 – December 2013	International research program: The Health Behaviors of School-aged Children (HBSC-WHO). PI: Prof. Yossi Harel-Fisch, School of Education, Bar-Ilan University	Director of the research program

Scholarly Positions and Activities Outside the Institution

Years	Memberships in Academic Professional Associations
Consulting as an expert in an international team	
10 March 2025	WHO Invitation to an online Expert Consultation on Digital Determinants of Youth Mental Health
2024–2029	Researcher in The DigiWELL project. A project led by the Palacky University, Olomouc, Czech Republic, which combines international databases (EU Kids Online, HBSC, ISSC), aims to examine mental well-being among children in the digital age (a five-year position).
Activities in the HBSC-WHO Research Program	
2023–2027	Chair, HBSC-WHO Peer Culture and Leisure Time focus group (four years position).
2018–2022	Chair, HBSC-WHO Peer Culture focus group (four years position).

2013– present	Chair, HBSC-WHO Electronic Media Communication research writing group.
Memberships in Academic Committees	
2022– present	Member of the research committee, Nitzan Association.
2020– 2025	Member of the executive committee, the Israeli Multidisciplinary Forum for Research in the Field of Victims of Crime.
2025-present	Evaluation of the opening of master's degree programs at academic institutions on behalf of the Council for Higher Education.
Editorial Assignments	
October 2024–present	Associate Editor of Psychology for Clinical Settings, a section within *Frontiers in Psychology* (IF 4.232; Q2)
October 2024–present	Editorial team of a special issue on Pediatric Cyberpsychology: Mental Health Implications. *Children MDPI* (IF 2.4; Q2)
July 2022–July 2023	Editorial team of a special issue on Digital Psychotherapy. Highlights in Psychology for Clinical Settings: The Ascent of Digital Psychotherapy. *Frontiers in Psychology* (IF 4.232; Q2)
November 2020–present	Guest Editor of a special issue on Health Behaviour and Health Promotion in School-Aged Children. *International Journal of Environmental Research and Public Health* (IF 4.4614; Q1).
September 2020–September 2022	Guest Editor of a special issue on Internet Uses in the Current Age: What Changed? *European Journal of Investigation in Health, Psychology and Education (*IF 3.2; Q2*).*
July 2020–present	Editorial board: *International Journal of Public Health* (IF 3.89; Q1).

Participation in Scholarly Conferences *(Last ten years 2016-2026)*

Note:

- The name of the lecturer at the conference is underlined.

A1. International Conferences - Held Abroad

Date	Name of Conference	Place of Conference	The subject of the lecture / Discussion	Role
*24-26 August 2026	11th International Conference on Behavioral Addictions (ICBA) 2026	Istanbul, Türkiye	Problematic gaming and social media use and their relationship with psychological health: Network analyses across 10 European countries. Stašek, A., Blinka, L., Löchner, D., **Boniel-Nissim, M**. & Canale, N.	
*18-21 August, 2026	European Association for Research on Adolescence (EARA 2026)	Utrecht Science Park Utrecht, The Netherlands	The Digital-Trauma Nexus: At-Risk Girls in Residential Care. **Boniel-Nissim, M**.	Lecturer

*18-21 August, 2026	European Association for Research on Adolescence (EARA 2026)	Utrecht Science Park Utrecht, The Netherlands	How Violent Conflict Weakens Parental Digital Mediation Strategies. **Boniel-Nissim, M.**, & Ronen, D.	Lecturer
*18-21 August, 2026	European Association for Research on Adolescence (EARA 2026)	Utrecht Science Park Utrecht, The Netherlands	Family Resilience and Problematic Social Media Use. **Boniel-Nissim, M.**, & Khleif, C.	Chair and Lecturer
*10-12 November, 2025	The 18th annual International Conference of Education, Research and Innovation	Seville, Spain	The development of educational counselling following the technological changes: historical, scientific and professional review. **Boniel-Nissim, M.**	Lecturer
*26-28 April, 2025	International Psychological Applications Conference and Trends 2025 (InPACT 2025)	Budapest, Hungary	Advantages, challenges, and strategies for effectively integrating face-to-face and online school counselling. **Boniel-Nissim, M.**	Lecturer
*26-28 April, 2025	International Psychological Applications Conference and Trends 2025 (InPACT 2025)	Budapest, Hungary	The role of school counsellors in the admission of students evacuated from their homes due to war. **Boniel-Nissim, M.**	Lecturer
*3-5 March, 2025	19th annual International Technology, Education and Development Conference (INTED)	Valencia, Spain	Possibilities for integrating traditional and online school counselling. **Boniel-Nissim, M.**	Lecturer
*25-28 September, 2024	EARA 2024 European Association for Research on Adolescence	Limassol, Cyprus	Adolescents' exposure to violent content related to conflict on social media: Qualitative research bringing the voice of adolescents living in a war zone. Franco, L., & **Boniel-Nissim, M.**	Lecturer
*25-28 September, 2024	EARA 2024 European Association for Research on Adolescence	Limassol, Cyprus	Different categories of Social Media Use and their association with Body Image Among Adolescents in 42 Countries **Boniel-Nissim, M.**, Bersia, M., Canale, N., Lahti, N.,	Lecturer

			Ojala, K., Ercan, O., Dzielska, A., Inchley, J., & Dalmasso, P.	
8-11 July, 2024	8th Annual International Symposium on Higher Education in a Global World (COLEDU24)	Athens, Greece	Teachers' views on interactions with students' parents via WhatsApp in the era of social media. **Boniel-Nissim, M**.	Lecturer
1-3 July, 2024	16th annual International Conference on Education and New Learning Technologies (EDULEARN 24)	Palma, Spain	How do teachers use WhatsApp to communicate with their students, and is it related to their professional identity? **Boniel-Nissim, M**.	Lecturer
28-30 May, 2024	HBSC Spring Meeting	Glasgow, Scotland	Trends in the link between perceived social support and adolescent life satisfaction (2013/14-2021/22): A cross-national study. Brisson, R., Furstova, J., Sokolová, L., Eriksson, C., **Boniel-Nissim, M.**, & Badura, P.	
20-23 May, 2024	26th Annual International Conference on Education	Athens, Greece	Teachers' perceptions of the relationship with students' parents in the age of social media. **Boniel-Nissim, M**.	Lecturer
20-22 April, 2024	International Psychological Applications Conference and Trends 2024 (InPACT 2024)	Madeira, Portugal	Adolescents' exposure to violent content related to conflict on social media: Qualitative research bringing the voice of adolescents living in a war zone. **Boniel-Nissim, M.**, & Franco, L.	Lecturer
19-21 July 2023	44th International Conference of the Stress, Trauma, Anxiety, and Resilience Society (STAR)	University of Algarve, Faro, Portugal	The mediating role of emotional distress in the relationship between differentiation of self and the risk of eating disorders. Peleg, O., **Boniel-Nissim, M.**, & Tzischinsky, O.	Lecturer
24-27 August 2022	EARA 2022 European Association for Research on Adolescence	Dublin, Ireland	International perspectives on social media use among adolescents: Implications for mental and social well-being and substance use. **Boniel-Nissim, M.**, van den Eijnden, R., Furstova, J.,	Chair, Lecturer

			Marina, C., Lahti, H., Inchely, J., Smigelskas, K., Vieno, A., Badura, P.	
8-10 June 2022	HBSC Spring Meeting	Padova, Italy	Risk behaviours & electronic media. **Boniel-Nissim, M**.	Chair
23-25 April 2022	International Psychological Applications Conference and Trends 2022 (InPACT 2022)	Madeira, Portugal	What characterises those who are willing to provide online counseling? Alt, D., & **Boniel-Nissim, M**.	Lecturer
2-4 November 2021	13th Excellence in Pediatrics Conference	The Netherland	Adolescent use of social media and associations with sleep patterns across 18 European and North American countries **Boniel-Nissim, M**., Tynjälä, J., Inchley, J., van den Eijnden, R., Marino, C., Gobiņa, I., Jeriček, H., Furstova, J., Lahti, H., Vieno, A., Wong, S., Klavina-Makrecka, S., Villeruša, A., & Gariépy, G.	Lecturer
3-5 December 2020	12th Excellence in Pediatrics Conference	Virtual	Czech adolescents during COVID-19 lockdown Ng, K., Cosma, A., Svacina, K., **Boniel-Nissim, M**., & Badura, P.	
9-11 November 2020	HBSC Autumn Meeting	Virtual	Session: Electronic media use. **Boniel-Nissim, M**.	Chair
22-24 June 2020	7th International Conference on Behavioral Addictions (ICBA 2020)	Nottingham, United Kingdom	Associations between social media use (SMU) and well-being among adolescents across 29 countries: The role of the country-level prevalence of intense and problematic SMU. Boer, M., van den Eijnden, R., **Boniel-Nissim, M**., & Stevens, G.	
5-7 December 2019	11th Excellence in Pediatrics Conference	Copenhagen, Denmark	The moderation role of family support on the relationship between electronic media use and peer support. **Boniel-Nissim, M**., Sela, T., Walsh, S., & Harel-Fisch, Y.	Lecturer

18-20 June 2019	HBSC Spring Meeting	Reykjavik, Iceland	Electronic media communication: Findings across 48 countries. **Boniel-Nissim, M.**, Harel-Fisch, Y., Sela, T., van den Eijnden, R., & Boer, M.	Chair, Lecturer
4-6 May 2019	International Psychological Applications Conference and Trends 2019 (InPACT 2019)	Zagreb, Croatia	Cyberbullying vs traditional bullying – do victims react differently? **Boniel-Nissim, M**.	Lecturer
12-15 September 2018	EARA 2018 European Association for Research on Adolescence	Ghent, Belgium	The decline in adolescent substance use across Europe and North America in the early 21st Century: A result of the digital revolution? de Looze, M., van Dorsselaer, S., van den Eijnden, R., **Boniel-Nissim, M**, Vieno, A., & Stevens, G.	
12-15 September 2018	EARA 2018 European Association for Research on Adolescence	Ghent, Belgium	Parent-child communication as a buffer from problematic Internet use and bullying victimisation **Boniel-Nissim, M**., & Sasson, H.	Lecturer
12-15 September 2018	EARA 2018 European Association for Research on Adolescence	Ghent, Belgium	Parental mediation regarding children's pornography exposure: The role of parenting style, protection motivation, and gender **Boniel-Nissim, M.**, & Efrati, Y.	Poster
21-23 June 2018	HBSC Autumn Meeting	Tallinn, Estonia	Electronic media communication: Special topic *workshop* **Boniel-Nissim, M**., & van den Eijnden, R.	Chair
3-5 May 2018	International Psychological Applications Conference and Trends 2018 – InPACT 2018	Porto, Portugal	Do stressful relationships with friends and family enhance problematic Internet use? **Boniel-Nissim, M**.	Lecturer
29 August –2 September 2017	The European Association for Research on Learning and Instruction	University of Tampere, Finland	Surface and deep learning, problematic Internet use, and Fear of Missing Out (FoMO) Alt, D., & **Boniel-Nissim, M**.	

	(EARLI) 17th Biennial Conference			
2-4 November 2016	HBSC Autumn Meeting	Luxemburg	Adolescent development in the digital era: Opportunities and risks of electronic media communication **Boniel-Nissim, M.**, & van den Eijnden, R.	Lecturer

A2. International Conferences - Held in Israel

Date	Name of Conference	Place of Conference	The subject of the lecture/Discussion	Role
27–29 July, 2026	42nd Annual Conference of the Association for Israel Studies (AIS) Security, Rehabilitation and Healing: What Next?	Ramat Gan Academic College, Israel	How Violent Conflict-related Content Weakens Parental Digital Mediation Strategies **Boniel-Nissim, M.**, & Ronen, D.	Lecturer
27–28 June 2017	16th International Facet Theory Conference	Netanya Academic College, Israel	Personality traits, Fear of Missing Out, and problematic Internet use: Analysis of the Big Five circumplex projection. Alt, D., & **Boniel-Nissim, M**.	
21–22 June 2016	International Workshop on Social Aspects of Cyber-Crime and Cyber-Security	University of Haifa, Israel	Cyberbullying: The bullies, victims, and bystanders; Findings from an Israeli study **Boniel-Nissim, M**.	Lecturer
26–28 Jun 2011	The International Conference – Kaleidoscope of Child Maltreatment	Tel Aviv, Israel	Sexual assault and the Internet: Opportunities for threat and recovery **Boniel-Nissim, M.**	Lecturer

A3. Local Conferences *(Last ten years 2016-2026)*

Date	Name of Conference	Place of Conference	The subject of the lecture / Discussion	Role
22 February 2026	The annual conference of the Elem Association and the Department	Bar Ilan University	Coming of Age in the Digital Space – Dealing with Spaces with Potential for Violence and Vulnerability	Chair

	of Criminology at Bar Ilan University			
22 February 2026	The annual conference of the Elem Association and the Department of Criminology at Bar Ilan University	Bar Ilan University	Girls at Risk and Cyberspace **Boniel-Nissim, M.** & Levi, L.	Lecturer
11 February 2026	Female Researchers at the Forefront of Science 2026	Online	Science, Knowledge and Society	Chair
15-17 September 2025	The Israeli Conference on Research in Education (ICER)	Akko	Three and a half decades of HBSC research in Israel: Impact on the development of research directions and policies based on scientific data. Walsh, D.S.	Responder
15-17 September 2025	The Israeli Conference on Research in Education (ICER)	Akko	A new research tool to examine the level of awareness of ethical rules in educational counseling that incorporates digital tools. **Boniel-Nissim, M.**	Lecturer
30 Jun 2025	Promoting health throughout the life cycle	Max Stern Academic College, Emek Yezreel	Social-emotional health among adolescents in the digital age: Findings from an international study. **Boniel-Nissim, M.**	Lecturer
13 May 2025	Mental health in the reality of war	Hebrew University	How does parents' exposure to war and terror content from the Iron Sword War affect their ability to convey the content to their children? **Boniel-Nissim, M.,** & Ronen, D.	
6 January 2025	Digital Well-Being	Bar-Ilan University	Who are the teenagers who gain and lose from using social media? **Boniel-Nissim, M.**	Lecturer
21 November 2024	The 4th Conference of the Israeli Victimology Society	Ono Academic College	Consequences of parents' exposure to news and terrorist content with the outbreak of the 7/10 war on communication with their children, parental ability to mediate the war for their	Lecturer

			children. **Boniel-Nissim, M.**	
5 June 2024	Chais-Conference: Learning in the Digital Era	The Open University, Ra'anana, Israel	What strategies do the teachers use to build relationships with parents on WhatsApp? **Boniel-Nissim, M**., & Sapir Malka	Lecturer
5 June 2024	Chais-Conference: Learning in the Digital Era	The Open University, Ra'anana, Israel	The association between the teachers' professional identity and the frequency and type of their use of WhatsApp in their communication with students. **Boniel-Nissim, M**., & Tomer Efrat	Lecturer
6 July 2021	1st Conference of the Israeli Victimology Society	Ono Academic College	Session 5: Injury is not virtual: Various aspects of online space vulnerability **Boniel-Nissim, M**.	Chair
15 December 2020	2nd Conference on Functional Management and Learning	Tel-Hai College	Students distracted by screens: Dealing with the outbreak of the COVID-19 plague. **Boniel-Nissim, M**.	Lecturer
9 February 2020	The Leisure Culture of Children, Youth, and Young People in Israel	Beit Berl College	Eyes to the screen: Legitimate Internet activity or addiction? **Boniel-Nissim, M**.	Lecturer
17 December 2019	5th Kinneret Conference on Bullying	Kinneret Academic College	What do we know about Generation Z? **Boniel-Nissim, M**.	Lecturer
31 May 2018	Treatment of Violence in Children and Adolescents	Western Galilee College	Cyberbullying: Circles of hurt **Boniel-Nissim,** M.	Lecturer
11 May 2017	4th Kinneret Conference on Bullying	Kinneret Academic College	Relationship with parents as a predictor of cyberbullying victimization **Boniel-Nissim, M**.	Lecturer
6 April 2016	3rd Kinneret Conference on Bullying	Kinneret Academic College	Standing silent, reading, and looking away: Deciphering the phenomenon of bystanders **Boniel-Nissim, M**.	Lecturer

b. **Organisation of Conferences or Sessions** *(Last ten years 2016-2026)*

Year	Name of Conference	Place of Conference	Subject of Conference	Role
15-17 September, 2025	The Israeli Conference for Research in Education (ICER)	Akko, Israel	Education	Member of the scientific committee
16 October 2024	International Psychological Applications Conference and Trends 2025 (InPACT 2025)	Budapest, Hungary	Educational Psychology	Member of the scientific committee
21 June 2023	3ed Conference of the Israeli Victimology Society	The College of Management Academic Studies, Israel	A multidisciplinary view of victims of crime	Member of the scientific committee
3 December 2022	Educational Counselling in the Digital Age	The Max Stern Yezreel Valley College, Israel	Cyber Counselling	Member of the scientific committee
18 December 2022	International Psychological Applications Conference and Trends 2023 (InPACT 2023)	Lisbon, Portugal	Educational Psychology	Member of the scientific committee
4 April 2022	2nd Conference of the Israeli Victimology Society	The Max Stern Yezreel Valley College, Israel	A multidisciplinary view of victims of crime	Member of the scientific committee
6 October 2021	International Psychological Applications Conference and Trends 2022 (InPACT 2022)	Madeira Island, Portugal	Educational Psychology	Member of the scientific committee
6 July 2021	1st Conference of the Israeli Victimology Society	Ono Academic College, Israel	A multidisciplinary view of victims of crime	Member of the scientific committee
25–27 March 2019	International Psychological Applications Conference and Trends	Madeira Archipelago, Portugal	Educational Psychology	Member of the scientific committee

	2020 (InPACT 2020)			
17 December 2019	5th Kinneret Conference on Bullying	Kinneret Academic College, Israel	Bullying and Cyberbullying	Member of the conference organising committee
5–7 April 2018	American Psychological Association's conference: Technology, Mind, and Society	Washington, DC	Cyber Psychology	Member of the review committee
11 May 2017	4th Kinneret Conference on Bullying	Kinneret Academic College, Israel	Cyberbullying	Member of the conference organising committee
6 April 2016	3rd Kinneret Conference on Bullying	Kinneret Academic College	Bullying and Cyberbullying	Member of the conference organising committee

7.a. **Invited Scholarly Lectures** *(Last ten years 2016-2026)*

Year	Name of Forum	Place of Lecture	Subject of Lecture	Role
16 August 2026	Family Diplomacy Dialogues	Family Diplomacy Associate. Learning Life, New York (via Zoom)	Online bullying and sexual predation	**Keynote Speaker**
12 October 2022	Public Health Agency of Canada and the Pan-Canadian Joint Consortium for School Health	Webinar	Adolescents online: Emotional, social, and physical health	**Keynote Speaker**
22 October 2019	Care4Youth projects	Department of Medicine, Pavol Jozef Safarik University in Kosice, Slovakia	Teenagers' use of social media networks: For what uses, how intensive, and when is virtual space no longer enough?	**Keynote Speaker**

7.b **Colloquium or Seminar Talks**

Year	Name of Forum	Place of Lecture	Presentation
November 2025	Israel Center for Addiction and Mental Health, Hebrew University	Hebrew University, Jerusalem	Consequences of problematic-addictive use of social media on various aspects of adolescents' lives

8. **Research Grants** *(Last ten years 2016-2026)*

a. **Grants Awarded**

Role in Research	Co-Researchers	Topic	Funded by /Amount	Years
PI		The mediation role of the quality of communication between parent and adolescent, in the association between adolescents' online risk behaviors and parental online mediation strategies.	Research Authority, Max Stern Academic College, Emek Yezreel (15,000 NIS)	2025-2026
PI		How will the parents' degree of exposure to terrorist events and warfare and their parenting style explain the mediation strategies they chose for their children regarding exposure to terrorist content online?	Research Authority, Max Stern Academic College, Emek Yezreel (15,000 NIS)	2024-2025
PI	Peleg, O., (Co-PI) Elyosef, Z., (Co-PI) & Shalev, R. (Co-PI)	Evaluation of an online counselling program for at-risk youth	The Israeli National Insurance Institute (398,605 NIS)	2023–2026
Co-PI	Peleg, O. (PI) & Hadar, E. (PI)	Characterisation of factors contributing to T2DM self-management: The moderating role of emotional distress in the relationship between the use of digital tools and T2DM self-management	The Israeli National Institute for Health Policy Research (200,000 NIS)	2022–2025
Relevant Publications: Peleg, O., Hadar, E., & **Boniel-Nissim, M**. (2024). A novel questionnaire for evaluating digital tool use (DTUQ-D) among individuals with type 2 diabetes: Exploring the digital landscape. *Frontiers in Public Health, 12,* 1374848. doi: 10.3389/fpubh.2024.1374848 (SJR: Q1 Public Health, Environmental and Occupational 1.13; Impact Factor: 5.2)				
PI	Elyosef, Z. (PI)	Does the use of social networks harm the	Research Authority, Max	2022–2023

		identification and expression of emotions?	Stern Academic College, Emek Yezreel (14,997 NIS)	
PI	Berger-Ticotshinski, T, Sold Institution (PI)	Evaluation of intervention programs and prevention programs for cyber-bullying	The Israeli National Insurance Institute (800,000 NIS)	2018–2022
Relevant Publications: **Boniel-Nissim, M**., & Berger-Ticotshinski, T. (2023). *Intervention programs to prevent cyberbullying and promote online health and social well-being: A report summarising four years of research.* National Insurance and the Israeli Internet Association. (Hebrew)				

9. **Scholarships, Awards and Prizes** *(Last ten years 2016-2026)*

Years	**Name of Award**	**Purpose of Award or Achievement**	**Source**
2026	Award for excellence in teaching and research (2025–2024)	Level of excellence - B.	The Max Stern Academic College of Emek Yezreel (6% supplement to salary for a year)
2025	Award for excellence in scientific publications	Top three researchers at The Max Stern Academic College of Emek Yezreel with the highest number of scientific publications in Q1-rated journals.	The Max Stern Academic College of Emek Yezreel
2025	Award for excellence in teaching and research (2024–2023)	Level of excellence - A.	The Max Stern Academic College of Emek Yezreel (12.5% supplement to salary for a year)
2024	Award for excellence in teaching and research (2023–2022)	Level of excellence - A.	The Max Stern Academic College of Emek Yezreel (12.5% supplement to salary for a year)
2022	Award for excellence in teaching and research (2022–2021)	Level of excellence - B.	Kinneret Academic College (15% supplement to salary for a year)
2020	Award for excellence in teaching and research (2018–2019)	Level of excellence - A.	Kinneret Academic College (20% supplement to salary for a year)
2019	Award for excellence in teaching and research (2017–2018)	Level of excellence - A.	Kinneret Academic College (20% supplement to salary for a year)

2017	Award for excellence in teaching and research (2015–2016)	Level of excellence - A.	Kinneret Academic College (20% supplement to salary for a year)
2016	Leading lecturer in Israel	Inspirational lecturer	National Student Association

PUBLICATIONS

H-index and Citations:

H-index:	29	**Source:** Google Scholar
i10-index:	37	**Source:** Google Scholar
Citation index:	Citations: 7469	**Source:** Google Scholar
Google Scholar link:	https://scholar.google.com/citations?user=FUJ2aa8AAAAJ&hl=iw	

Notes:

- Role in contribution to joint publication: A = Conceptualization / B = Writing the original draft / C = Methodology and statistical analysis / D = Writing a specific section / E = Review and editing.

A. PhD. Dissertation

Title: Therapeutic value of blog writing (online journal) by adolescents with emotional and social difficulties

Date of submission: January 2010

Number of pages: 192

Language: Hebrew

Name of supervisor: Prof. Azy Barak

University: University of Haifa

B. Articles in Refereed Journals

Published

1. Stašek, A., Löchner, D., **Boniel-Nissim, M.,** Canale, N., van den Eijnden, R.J.J.M.R., Fürstová, Jana., Galeotti, T., Hulbert, S., Jericek Klanšček, H., Marino, C., & Blinka, L. (2026). Problematic Gaming, Problematic Social Media Use, and Psychological Well-being in Adolescents: Exploring Networks of Symptoms in 10 European Countries. *Child and Adolescent Psychiatry and Mental Health.* (Q1)
2. **Boniel-Nissim, M.** (2026). Adapting school counselling to digital practice: Arab women counsellors' experiences of technology, gender, and cultural boundaries. *Journal of Psychologists and Counsellors in Schools.* https://doi.org/10.1177/20556365261472489 (Q1)
3. **Boniel-Nissim, M**. (2026). Integrating online and face-to-face counselling in schools: Benefits, challenges, and strategies. *Journal of Psychologists and Counsellors in Schools.* DOI: 10.1177/20556365261428304 (Q1)
4. **Boniel-Nissim**, M., van den Eijnden, R.J.J.M., & Baďura, P. (2025). Changes in Social Media Use Patterns Between 2018 and 2022 among Czech Adolescents. *Central European Journal of Public Health, 33*, 279-284. DOI: 10.21101/cejph.a8698 (SJR: Q3 Medicine (miscellaneous); Impact Factor 0.9; X citation) (Contribution A, D, E)
5. Marino, C., Bersia, M., Furstova, J., Galeotti, T., van den Eijnden, R.J.J.M., **Boniel-Nissim, M.,** Pickett, W., Eriksson, C., Lahti, H., Lenzi, M., Canale, N., Ozolina, K., Craig, W., & Vieno, A. (2025). Global change in adolescent social media use (2018-

2022): An ecological analysis across 28 countries. *Computers in Human Behavior*. https://doi.org/10.1016/j.chb.2025.108789 (SJR: Q1 Arts and Humanities (miscellaneous) 2.46; Impact Factor: 9.79; X citations) (Contribution A, B, E)

6. Brisson, R., Furstova, J., Sokolová, L., Eriksson, C., **Boniel-Nissim, M**., & Badura, P. (2024). Trends in the link between perceived social support and life satisfaction in adolescents (2013/4-2021/2): A cross-national study. *International Journal of Public Health* (SJR: Q1 Health (Social Science) 0.9; Impact Factor: 4.6) (Contribution D, E)
7. **Boniel-Nissim, M**., Bersia, M., Canale, N., Lahti, H., Ojala, K., Ercan, O., Dzielska, A., Inchley, J., & Dalmasso, P. (2024). Social media use and body image among adolescents in 42 European countries. *International Journal of Public Health*. doi: 10.3389/ijph.2024.1606944 (SJR: Q1 Health (Social Science) 0.9; Impact Factor: 4.6) (Contribution A, D, E)
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interventions. *Journal of Technology in Human Services, 26,* 109-160. doi.org/10.1080/15228830802094429 (SJR: Q2 Health (Social Science) 0.46; Impact Factor: 1.85; 1803 citations) (Contribution C, D)

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C. Articles or Chapters in Scientific Books (Refereed)

1. **Boniel-Nissim, M.** (2026). Remote educational counselling during the outbreak of COVID-19 in Israel: Technological skills and digital literacy in online counselling. In O. Peleg, R. Shalev & E. Hadar (Eds.), Educational counselling in times of stress, crisis, and emergency. (Hebrew)
2. Franco, L., & **Boniel-Nissim, M**. (2024). Adolescents' exposure to violent content related to conflict on social media: Qualitative research bringing the voice of adolescents living in a war zone. In J. Višňovský., & J. Majerová. (Eds.), *Social Media and Modern Society.* (pp. XXX). London, UK: IntechOpen (Contribution A, B, E)
3. Franco, L., & **Boniel-Nissim, M.** (2023). Online autonomy-children abandoned to fend for their rights. In M. Veted., Y. Korzim., & Y. Efron. (Eds.), *Law and ... - The interaction between law and its environment.* (pp. 55-74). Nevo publication (Hebrew)
4. **Boniel-Nissim, M.** (2020). How do viewers respond to bullying in the physical and virtual spaces? And what can educational counsellors learn from this? In H. Bols, S. Kniel & R. Shalev (Eds.), *From theory to practice: Selected chapters for educational counsellors*. (pp. 315-336). Tel-Aviv: Resling Publishing. (Hebrew)
5. **Boniel-Nissim, M**. (2016). Using forums to enhance client peer support. In K. Anthony & D. Merz Nagel (Eds.), *Mental health and the impact of technological development* (Second Edition). (pp. 52-62). Springfield, IL: Charles C. Thomas.
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D. Scientific Reports

1. **Boniel-Nissim, M**., Marino, C., Galeotti, T., Blinka, L., Ozoliņa, K., Craig, W., Lahti, H., Wong, S. L., Brown, J., Wilson, M., Inchley, J., & van den Eijnden, R. (2024). *A focus on adolescent social media use and gaming in Europe, Central Asia and Canada: Health Behaviour in School-aged Children international report from the 2021/2022 survey*. Vol 6. WHO (Contribution A, B, E)

1. Harel- Fisch, Y., Ben Meir, L., Giladi, A., Okrup, S., **Boniel-Nissim, M**., Tesler, R., and Walsh, S. (2024). *Youth in Israel: Patterns of addictive substances uses, involvement in violence and online bullying. The findings of the HBSC research in Israel for 2023. Summary of the findings in the areas of the Ministry of National Security, analysis of trends between 1994-2023 and an international comparison*.

International Research Program of Youth Welfare and Health, School of Education, Bar Ilan University. (Hebrew) (Contribution B, E)

2. Eriksson, C., **Boniel-Nissim, M**., Lyyra, N., Moor, I., Paakkari, L., & Kulmala, M. (2023). *A network of care: The importance of social support for adolescents in Europe during the COVID-19 pandemic. Findings from the Health Behaviour in School-aged Children survey round 2021/2022*. World Health Organization. Copenhagen: WHO Regional Office for Europe. (Contribution A, B, E)
3. **Boniel-Nissim, M**., & Berger-Ticotshinski, T. (2023). *Intervention programs to prevent cyberbullying and promote online health and social well-being: A report summarising four years of research.* National Insurance and the Israeli Internet Association. (Hebrew)
4. Klemera, E., Zaborskis, A., Teufl, L., Brooks, F., Erikson, C., Moreno, C., Melkumova, M., **Boniel-Nissim, M**. (2020). Social well-being. In J. Inchley, D. Currie, S. Budisavljevic, T. Torsheim, A. Jåstad, A. Cosma, C. Kelly, & Á. Már Arnarsson (Eds.). *Spotlight on adolescent health and well-being: Findings from the 2017/2018 Health Behaviour in School-aged Children (HBSC) survey in Europe and Canada International report (vol. 1)*. World Health Organization collaborative cross-national study. Glasgow: University of Glasgow. (Contribution A, D, E)
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